

362-864.5

THE INCORPORATED HOSTELS

Associated with the Royal Free Hospital.

Regent's Park Hostel :

62, Regent's Park Road,
N.W. 1.

Telephone : Primrose Hill 2839.

Highbury Quadrant Hostel :

22, Highbury Quadrant,
N. 5.

Telephone : North 0180.

SEVENTH

Annual Report, Accounts, and
List of Subscribers for 1925-6.

PRINTED BY :

J. DAVY & SONS, Ltd., 8-9, FRITH-STREET, LONDON, W. 1.

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Pamphlet

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INCORPORATED HOSTELS.

Vice-Presidents.

THE VISCOUNTESS ST. CYRES.	THE LADY SYDENHAM OF COMBE.
THE LADY BERTHA DAWKINS.	DR. JANE WALKER.
	MRS. ST. JOHN.

General Committee.

Chairman—Sir Thomas Barlow, Bart., K.C.V.O.

Vice-Chairman—A. G. L. Gamlen, Esq.

The Rt. Hon. the Earl of Ancaster.	*†Dr. Dorothy Hare, C.B.E., M.R.C.P.
F. R. S. Balfour, Esq.	Julian Q. Henriques, Esq.
Miss H. M. Beale.	Miss E. Lucy.
Miss G. M. Bulman, R.R.C.	Professor Louisa McIlroy, D.Sc.
Sir Francis Champneys, Bt., M.D.	Arthur Moro, Esq.
Lady Codrington.	Miss A. Orred.
Miss R. Cox Davies, R.R.C.	Dr. A. G. Phear, C.B.
* Miss E. Crowdy, C.B.E.	* The Hon. Mrs. Walter Roch.
The Hon. Lady Darwin.	* Miss E. M. Royden.
Miss B. M. Davidson.	*†Miss A. M. Smith.
†The Lady Emmott.	

OFFICERS FOR REGENT'S PARK HOSTEL :

Hon. Treasurer—*†R. R. Garratt, Esq., Royal Free Hospital, W.C. 1.
Hon. Secretary—*†Miss d'Avigdor, 6, Drayton Gardens, S.W. 10.
Medical Officer V.D. Clinic—*†Dr. Margaret Rorke.
Sister-in-Charge—Miss E. M. Hall.

Bankers—Messrs. Lloyds Bank, Ltd., Holborn Circus, E.C.

OFFICERS FOR Highbury Quadrant Hostel :

Hon. Treasurer—*†The Hon. Mrs. N. Barlow, 4, Gloucester Walk, W. 8.
Hon. Secretary—*†Mrs. Julian Q. Henriques, 20, Oxford Square, W. 2.
Assistant Secretary—†Mrs. Arthur Howard, 41, Addison Avenue, W. 11.
Medical Officer V.D. Clinic—*†Dr. Margaret Rorke.
Visiting Medical Officer—†Dr. Anne Campbell.
Sister-in-Charge—Miss K. E. Noakes.

Bankers—Messrs. Lloyds Bank, Ltd., Kensington High Street, W.

Auditors—Messrs. Hardy, Hislop & Co., 119, Moorgate, E.C. 2.

* Denotes Member Executive Committee, Regent's Park Hostel.

† Denotes Member Executive Committee, Highbury Quadrant.

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INCORPORATED HOSTELS.

AIMS.

The Royal Free Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (*See Rules for admission.*)

Most of the patients admitted to the Hostel are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are :—

1. Care and medical treatment of women suffering from venereal disease.
 - (a) Non-pregnant cases. Admitted to Regent's Park Road Hostel.
 - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
 - (c) Mothers and babies up to six months old. Admitted to Highbury Quadrant Hostel.
2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital out-patients' clinic, as at present insufficient provision is made in general hospitals for the isolation and after-care of these infectious cases. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners; such as waitresses, domestic servants, factory workers, or clerks, who are, for the time being, unfitted to earn their living. They would not willingly enter a large institution, nor are they so ill as to need a bed in hospital. Conditions often make it impossible for the girl to stay at home, though the parents willingly contribute towards her expenses at a hostel. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay, every effort is made to help patients to moral, as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over a considerable period of time. The keeping of records of the health and physical development of the children for some years is to form an addition to the medical work carried on whilst they are inmates of the Hostel.

REGULATIONS AND CONDITIONS FOR ADMISSION.

1. Cases are admitted by the Medical Officer of the Royal Free Hospital Venereal Diseases Clinic, who attends at the Hospital (Out-patients) daily from 9.30 a.m.—7.30 p.m., and on Saturdays from 9.30 a.m.—12.30 p.m.

2. Only patients suffering from Venereal Disease in an infectious stage are eligible for admission.

3. Medical practitioners who are desirous of securing the admission of a patient to the Hostels are invited to refer the case to the Hospital Clinic with a note to the Medical Officer.

4. Patients from other hospital Clinics in the district are admitted and arrangements made for them to continue under the care of their own Medical Officer. Applications for vacancies should be made to the Almoner, Royal Free Hospital, Gray's Inn Road, W.C. 1.

5. The most suitable cases for admission to the Hostels are young girls, Married women, professional prostitutes, or remand cases are not usually suitable.

6. Patients are kept in the Hostels, if possible, until their condition becomes not-infectious, and suitable arrangements have been made for their return to work, or to their families.

7. No patient is refused on grounds of inability to pay, but the circumstances of patients are enquired into by the Almoner of the Royal Free Hospital. They are required to contribute towards the cost of their maintenance if in a position to do so.

Further information regarding the Hostels may be obtained on application to the Almoner, Royal Free Hospital, Gray's Inn Road, W.C. 1, or to the Hon. Sec., 6, Drayton Gardens, S.W. 10.

REPORT

for year ended March 31st, 1926.

The past twelve months have been spent in consolidating the position created by the new activities reported last year.

Subscribers will remember the extent of the developments. The Committee had previously been responsible for one Hostel with eleven beds and an annual expenditure of about £1,100, but at the end of 1924 they became responsible for two hostels, with a total of 34 beds and 12 cots, and an annual expenditure of about £3,500.

When the last Report was made the Royal Free Hostel (now known as the Regent's Park Hostel) had only recently been moved to a larger house and the Highbury Quadrant Hostel had only just been taken over.

The present Report deals therefore for the first time with the result of twelve months' work under the new conditions. The Committee are of opinion that this Report shows satisfactory progress both as regards general and internal administration.

The chief points may be summarised as follows: (1) the incorporation of the Hostels as an Association has been completed; (2) the freehold of the house at Highbury Quadrant has been purchased (the details of this are to be found on page 20); (3) the Hostels have been fully occupied by patients and the staff at both homes have carried on the work with an enthusiasm that overcame all difficulties.

The Regent's Park Hostel Income and Expenditure Account shows a deficit for the first time in seven years, due to the higher cost of maintenance and an increase in "Patient Days" of twenty-five per cent.

Highbury Quadrant Hostel was given a flying start by the donations collected towards the initial outlay and therefore shows a good credit balance at the end of the first year. Such generous contributions cannot be counted upon in future, and the ordinary income is less than the estimated expenditure for the coming year.

Incorporation as an Association. The incorporation under the Board of Trade as an Association "not for profit" was completed early in 1926. It was not found possible to register the name as Royal Free Hostels, so

somewhat reluctantly the title "Incorporated Hostels for Women and Girls associated with the Royal Free Hospital" was adopted. The Committee are deeply indebted to the Vice-chairman for putting the matter through at great expenditure of time and trouble. The Memorandum and Articles of Association were drawn up by him, and were considered by a special sub-Committee, on which served Lord Ancaster, Mr. d'Avigdor Goldsmid and Mr. Henriques, to whom special thanks are due.

Memorandum of Association. A summary of the Memorandum is appended for the information of subscribers. It contains an enumeration of all the present objects of the Association, and is drawn up so as to cover any future extension of the work. The Committee were advised that they should obtain very wide powers under the Incorporation in order that the work might suffer no hindrances in its development. It should be well understood that the Committee are fully occupied with existing responsibilities, and do not look forward to further extensions at present. They think, however, that subscribers will be interested to learn of the powers that have been obtained.

Administration. The two Executive Committees appointed to administer Regent's Park and Highbury Hostels have been in close touch with one another, and the Hostels are working on parallel lines. Of necessity the conditions in the two homes are somewhat different. At Regent's Park Hostel (15 beds) for non-pregnant cases, the patients stay a comparatively short time and are often very young. At Highbury Hostel (19 beds and 12 cots) the patients are admitted about three or four months before confinement and stay till their infants are six months old.

After-Care. The problems connected with these two sets of girls are very dissimilar. When a girl leaves Regent's Park Hostel she may return to her original work, or be placed in a Training Home or new work may be found for her. But the mother from Highbury Hostel with her baby to look after is in a different situation. Though she has a greater sense of responsibility and will probably prove to be a better member of society, her economic position is precarious and high wages have to be obtained for her, if she is to support her child. It is usually necessary to place the baby with a foster-mother, where a payment of at least 12s. 6d. a week is expected; a few well-disposed people are ready to employ mothers, and house the babies, but this is exceptional.

The Executive Committee of both homes are in close co-

operation with many voluntary organisations, in London and elsewhere. But in order that the community at large should gain the full benefit of the social work done by these organisations, there is still urgent need throughout the country for (a) Hostels for working girls; (b) Hostels for mothers employed by day, where babies could be cared for.

Appeal for Voluntary Help. The Committee would welcome voluntary help for both Hostels. The worker who counts most, is the individual with enthusiasm and perseverance, and sufficient leisure to visit the Hostel regularly, or undertake secretarial duties. More especially is help needed for any form of teaching, singing, dancing, games, etc. The teacher can get to know a girl more readily in this manner, and may be able to initiate a friendship with her, which would prove greatly to the ultimate benefit of the girl.

Committee. The Committee greatly regret to record the loss by death of three most valued and distinguished members: Dame Louisa Aldrich Blake, Dame Louise Samuel, and Mrs. Arthur Cane, C.B.E.

The following have been elected on the Committee during the year, and have kindly consented to serve: Julian Q. Henriques, Esq., The Honble. Mrs. Walter Roch, and Miss E. M. Royden.

THOMAS BARLOW.
Chairman, General Committee,
Incorporated Hostels.

ABSTRACT OF THE MEMORANDUM OF ASSOCIATION OF THE INCORPORATED HOSTELS ASSOCIATED WITH THE ROYAL FREE HOSPITAL.

NOTE.—*The paragraphs and words omitted are chiefly phrases or statements in accordance with legal requirements or provision for contingencies unlikely to arise. A copy of the complete document can be lent to any subscriber wishing to read it.*

The objects of the Association are:—

(a) To assist, aid and provide treatment for women infected with venereal disease and their children including pre-natal and post-natal treatment and all necessary after-treatment.

(b) To establish, conduct and carry on the after-care of such women and children including the provision of board and accommodation and the organisation of education and training.

(c) To organise preventive and rescue work generally.

(d) To establish and carry on all treatments for the prevention and cure of venereal disease and to render aid assistance and encouragement to medical research work incidental and conducive to the attainment of the above objects and to instruct and train persons therein.

(e) To establish, conduct and carry on such classes, lectures or other educational activities as may be likely to promote any of the objects of the Association.

(f) — to provide such legal assistance as may be likely to promote any of the objects of the Association including legal assistance in affiliation cases.

(g) — to acquire any patents — conferring any right to use any — invention — for — the purposes of the Association —.

(h) To — take over as a going concern the institutions for the treatment of venereal disease now carried on at The Regent's Park Hostel — and The Highbury Quadrant Hostel — under the style of the Royal Free Hostels and all — assets — and liabilities — in connection therewith —.

(i) — to purchase — lease — or acquire any — property (etc.) — necessary for the furtherance of its objects and in particular the said Hostels —.

(j) — to hold any gift of property — for — the objects of the Association.

(l) To borrow and raise money —.

(m) To invest any moneys of the Association —.

(n) To — promote or amalgamate with — or manage — any association or society — whose objects — are — similar to the objects of the Association.

(p) The doing of all such other lawful things as are incidental or conducive to the attainment of the above objects.

REGENT'S PARK HOSTEL.

Details of the Year's Work.

On April 1st, 1925, there were 13 patients in residence at the Hostel. During the year 61 have been admitted, of whom 8 were in residence on March 31st, 1926, making a total of 74 patients for the year. The total "patient days" is 4,188, an increase of 885 over last year's total. The average length of stay is 57 days. In addition 8 old girls have spent a few days at the Hostel, either for rest, or whilst looking for employment.

Premises. The house, the lease of which was purchased in the autumn of 1924, has proved itself convenient and well adapted for its purpose. The situation with its view over Primrose Hill is a constant source of gratification to staff and patients alike.

Minor improvements have been carried out; a water supply has been carried to the treatment room, and overhanging trees in the garden cut back.

Staff. No change in the staff has taken place this year. As always, their work has been admirable. The Committee are aware that without their untiring patience and devotion it would be impossible to carry out the aims of the Hostel.

Patients. An unexpected phase of this year's work has been the extreme youth of a large number of the patients. At one period there were six girls under 16 in residence. This was partly, but not entirely, due to a large influx of patients from a Training Home, and entailed alterations in the internal administration and more supervision. It is extremely difficult to place such young girls suitably on discharge. Some have been drafted to other training homes, and some have returned to their families. The failure in morals of a very young girl can usually be traced to bad home influence. The return to her home in such a case is not a satisfactory plan, and every endeavour has been made to avoid it, but often no other course has been open.

Education and Recreation. Much is done by the staff of the hostel towards the general training and education of the patients. It is felt that outside help in this direction is also most valuable, and the Committee are very grateful to Miss Lloyd, an officer of the Girl Guides, who continues to give one afternoon a week to the teaching of singing,

country dancing and games. Other Guide Officers have been generous in giving evening classes for signalling, geography, or First Aid, and Miss Jones has again kindly taken the party for walks. It may be noted here, that at recent conferences initiated by the Central Council for Rescue and Preventive work, superintendents and workers were agreed that such educational efforts were most valuable in giving the girls a new outlook and fresh interests to replace those associated with their previous mode of life; further that these efforts are often more effective if carried out by visiting instructors.

After-Care. The number of patients who have passed through the Hostel since June, 1919, is now 335. It is naturally impossible to keep in touch with all, and indeed in some cases not desirable. It will be seen from the table given on page — that 126 are now classified under "No recent news," 22 of these are not likely to be heard of again, many of them having left England.

It is gratifying to note that of the 209 of whom fairly recent news can be obtained, 115 may be classed as satisfactory. This number added to the 27 "married" who, it is hoped, may be considered satisfactory, gives an average of about 68 per cent. who have made good.

The figures given below indicate the amount of work entailed by After-care during the year, and for the information of subscribers it should be explained that practically the whole of the burden falls on the sister-in-charge. She frequently sees two or three of the old girls a day who expect to be advised on every conceivable subject.

	1923-24	1924-25	1925-26
Letters received from Old Girls ...	342	439	260
Letters written to Old Girls ...	317	354	310
Visits from Old Girls ...	496	611	661
Visits paid to Old Girls ...	33	36	20
Letters from employers or workers ...	354	281	340
Letters to employers or workers ...	524	342	390
Visits from employers or workers ...	185	129	167
Visits to employers or workers ...	—	—	24

Medical Report.

From Mrs. Margaret Rorke, M.B., Ch.B., Medical Officer in Charge of the Female V.D. Clinic, Royal Free Hospital.

"The Hostel has been full practically continuously, the patients have been exceptionally interesting and much more "helpable" and responsive, speaking broadly, than at some other times. A considerable number of cases from a Home for Girls have been dealt with. Several of these patients had almost certainly been accidentally infected from other inmates suffering from gonorrhoea, in whom the disease had either never been

detected or had been incompletely treated. The need for medical inspection and careful supervision of sanitary and hygienic details had not been fully recognised. The arrangements in this Home have now, I understand, been completely revised, and under the new conditions any recurrence of accidental infection would be impossible.

"Several cases of congenital Syphilis with strongly positive reactions to the Wasserman blood test were also found among these girls and their treatment undertaken.

"The other patients admitted to the Hostel from the Royal Free Hospital or other V.D. Clinics came from the same classes as usual. In one or two cases operation was required before the condition could be completely cleared up. Our "recovery time" is on the whole shorter than it used to be, although the average length of stay shown in the statistics this year, is a little longer, owing to a few very long cases. The shorter recovery time is, in part, due to better treatment, but is also, I believe to a great extent because the girls are happier, and in better surroundings in the new Hostel.

The work has periods of great discouragement for the Medical Officers and Hostel Staff alike, both from the medical and moral points of view; but encouraging features counterbalance those which discourage, and so we go on from day to day."

MARGARET RORKE.

Finance. The income from subscriptions and donations during the financial year has been slightly increased in comparison with the previous year, but the advantage gained has not met sufficiently the increased expenditure necessary for maintenance of a larger establishment. The Committee were therefore not in a position at the 31st March to reserve the amount of £80 towards redemption of mortgage. This amount, however, will be transferred during the ensuing year, in addition to the sum due for 1926.

The future expenditure must be estimated at £1,500 per annum, and it is hoped the available income will not fall below this figure.

The Executive Committees of the two Hostels are grateful for the interest on 1650 shares in Rembau Jelei Rubber, Ltd., presented to the Hostels by a friend of Sir Thomas Barlow, and registered in his name. The interest on these shares is divided between the two accounts and appears in the list of donations.

The Committee desire to thank those who continue to support the Hostel by their generous contributions in money, and the following for their gifts in kind:—

Constant supply of Flowers. Mrs. James Beale and Miss H. M. Beale.

Eggs. Mrs. James Beale and Miss H. M. Beale.

Books and Magazines. Mrs. Hardy, Mrs. Sheppard.

Theatre and Zoo Tickets. The Lady Emmott, Mr. Garrett, Miss E. A. Crowdy, Mrs. Mark Kerr, Miss Courtauld.

Clothing and Furniture. Dr. S. I. Welsh, Mrs. Foley, Mrs. G. H. Warde, Miss Duckworth.

Christmas Presents were received from: Dr. Hare, Miss H. M. Beale, Dr. Rorke, Mr. Michael Shaw, Miss Gadsby and the Staff, Messrs. Harrison, Joyce, Griffiths and Parry, and Mrs. J. Poe, Miss M. Curtis, and Miss E. Gibbs.

Postscript to Regent's Park Hostel Report, June 1926.

On realising that for the first time in seven years a Deficit would have appeared on the Income and Expenditure Account for the Hostel, had all outstanding accounts been paid, the Executive Committee organised an American Tea in aid of the Funds. The Lady Emmott very kindly lent her house for the occasion. The sum realised by this sale, and by the generosity of friends who made special donations, is £195. Though this amount does not appear in the accounts for the financial year, 1925-26, the Committee are anxious, before the Report goes to print, to express their deep gratitude to all who attended the American Tea, and to the following, who gave help in time, money or kind:—The Earl of Ancaster, Anonymous, Miss Alstrom, Sir T. Barlow, Miss Beddington, Miss H. M. Beale, Miss E. Bell, Miss Bewley, The Countess of Birkenhead, Miss M. L. Blake, Miss Brint-Turner, Miss Bulman, Lady de Bunsen, The Misses Butcher, Mrs. J. Caselberg, Mrs. Clapcott, The Marchioness of Cholmondeley, Lady Codrington, Mrs. Lee Cooper, Miss Christian, Miss R. Darwin, Mrs. d'Avigdor-Goldsmid, The Lady Bertha Dawkins, Mrs. John Davis, Mrs. Debenham, The Countess of De La Warr, Mrs. de Worms, Miss Erskine, Mrs. H. Flatau, Mrs. F. Fletcher, Mrs. A. Franklin, Miss E. Fry, Mrs. Fürth, Mrs. Halford, Mrs. A. H. Hart, Miss J. D'Arcy Hart, Mrs. R. D'Arcy Hart, Mrs. P. Hart, Miss K. C. Hare, The Lady Incheape, Mrs. L. Jacobs, Mrs. Kemp, Mrs. Lazarus, The Hon. Mrs. Henry Denison, Miss I. Lister, Dr. H. Lightstone, Mrs. H. Lightstone, Miss Lloyd, The Misses Marks, Miss M. Marx, Mrs. Leonard G. Montefiore, Mrs. C. G. Montefiore, Mrs. Moller, Arthur R. Moro, Esq., Miss Müller, Lady Nathan, Mrs. A. Nathan, Mrs. George Nathan, Miss R. Nettlefold, Mrs. Nissim, The Hon. Mrs. Northcote, Mrs. Paget, Mrs. A. G. Phear, Lady Bruce Porter, Mrs. Rathbone, Miss Rennie, Mrs. Richardson, Sybil, Viscountess Rhondda, Miss E. M. Royden, Mdlle. Satrin, Mrs. Albert Sessel, Lady Ella Simeon, Mrs. Norman Shaw, Lady Spielman, Mrs. James Stern, Miss Stettauer, Miss Sopper, Mrs. St. John, Miss Swift, The Lady Sydenham, Miss J. K. Taylor, The Hon. Mrs. Charles Tufton, Mrs. Van den Bergh, Lady Waley-Cohen, Miss Warner, Mrs. Wyatt.

OCCUPATIONS OF PATIENTS ADMITTED DURING YEAR 1925-26.

Domestic Servants	18
At School	1
Clerks	8
From Training Home	18
Married	5
Business or factory	12
Waitresses	7
Children's Nurses	4
Living at Home	2
Prostitute	1
									<hr/>
									74

After-History of Above.

Returned to work	23
Returned to their own homes	15
Sent to Training Homes	17
Transferred to Maternity Hostels	4
Lost sight of	6
Returned to Prostitution	1
In Hostel	8
									<hr/>
									74

REPORT ON OLD GIRLS.

For Total Period Since Hostel was Opened.
June, 1919 to April 1st, 1926.

	Recent News.	No Recent News.	Total.
Satisfactory	115	78	193
Married	27	—	27
Fair or doubtful	27	—	27
Unsatisfactory	24	26	50
Disappeared	—	22	22
M. D. (certified)	8	—	8
In Hostel on April 1st, 1926	8	—	8
	<hr/>	<hr/>	<hr/>
	209	126	335

List of Donors and Subscribers to Regent's Park Hostel for the year ended March 31st, 1926.

	Donations.			Subs.		
	£	s.	d.	£	s.	d.
Abbott, Miss F. E....				10	0	0
A Friend, per Sir Thomas Barlow, Bt.	2	2	0			
Ditto (dividend on Rubber Shares)	49	2	3			
Ancaster, the Rt. Hon. Earl of				10	0	0

	£	s.	d.	£	s.	d.
Anonymous, per Dr. Hare for reduction of debt	75	0	0			
Balfour, F. R. S., Esq.				5	0	0
Barber, Miss M.					10	0
Barlow, Sir Thomas, Bart.	5	0	0			
Baring, the Hon. Cecil				5	0	0
Barratt, Sir Francis Layland, Bt.				5	5	0
Barrett, Lady, C.B.E., M.S., M.D.				1	1	0
Beale, Miss H. M.				5	5	0
Beddington, Miss W.				2	2	0
Beddington, Gerald E., Esq.				10	0	0
Bilbrough, Kenneth, Esq.	1	1	0			
Bisset, the Rev. M. Elrington, M.B.E.				1	1	0
Bright, Philip, Esq.	10	10	0	2	2	0
Briscoe, Lady				1	1	0
Butcher, H., Esq.	2	0	0			
Cane, Mrs. Arthur, C.B.E. (the late)				1	0	0
Champneys, Sir Francis, Bt.				2	0	0
Chapman, Miss M.	1	0	0			
Cholmondeley, the Marchioness of	1	0	0			
Christian, Miss D.	1	0	0			
Clapcott, Mrs. C. B.				1	1	0
Clark, Miss A. M.				2	2	0
Codrington, Lady				2	2	0
Courtauld, Miss M. R.				2	2	0
Crowdy, Miss E.				2	2	0
Crowdy, Miss M.					10	0
Darwin, the Hon. Lady	25	0	0	5	0	
Darwin, Major Leonard				3	3	0
Darwin, Miss Ruth				2	0	0
Davidson, Miss B. M.					10	0
d'Avigdor, Miss B.				7	7	0
d'Avigdor-Goldsmid, O. E., Esq.				3	3	0
Deacon, J. F. W., Esq.				5	0	0
Duckworth, Miss W. B.				10	0	
Emmott, the Lady				1	1	0
Ferens, the Rt. Hon. T. R.				2	2	0
Fitzpatrick, Mrs.	1	1	0			
Gamlen, A. G. L., Esq.				2	2	0
Garrett-Anderson, Miss Louisa, C.B.E., J.P., M.D.				2	2	0
Gaskell, Miss W. E.				1	0	0
Goldsmid, Miss Emma	5	5	0	2	2	0
Grand Centrals, Ltd. (Hackney Cinema)	96	0	0			
Greene, Dr. Helen				1	1	0
Hanson, the late Dr. H. B.					15	0
Hare, Miss D. C., C.B.E., M.R.C.P.				10	0	0
Hare, Miss K. C.				10	0	0
Kekewich, Miss H.					10	6
King, Miss C. A., M.D.				1	1	0
Langton, Alfred, Esq.				10	0	0
Leach, Lady				1	1	0

	£	s.	d.	£	s.	d.	
Levy, Mrs. Goodman				1	1	0	
Levy, the Hon. Mrs. Walter				2	2	0	
Lightstone, Mrs. (3 years)				6	6	0	
Lucas, Mrs. L. T.				1	0	0	
Mackenzie, Miss Enid Muir				10	0	0	
Mackinnon, Mrs. Duncan				2	2	0	
Marker, Miss M.				1	1	0	
Melville, Beresford, V., Esq., J.P.				2	2	0	
Moon, Mrs. Edward				1	1	0	
Moro, Arthur R., Esq.				1	1	0	
Morris, Miss F. M., O.B.E., M.D.				1	1	0	
Nathan, Mrs. G. E.	1	1	0	1	1	0	
Nathan, Lady	1	0	0				
Nathan, Sir Matthew, K.C.M.G.				1	0	0	
Payne, Mrs. S. M., C.B.E., M.B., D.S.				1	1	0	
Pemberton, Miss E. B.				5	0		
Penfold, Miss M.					3	0	0
Phear, Arthur G., Esq., C.B., F.R.C.P.	2	2	0				
Plender, Lady	2	2	0	1	1	0	
Phipson, Herbert M., Esq.				10	0	0	
Preston, Mrs.				1	0	0	
Pulteney, Miss Isabel, M.D.				2	2	0	
Richardson, Mrs. S. M. V.				2	2	0	
Roch, the Hon. Mrs. Walter	3	0	0				
Rorke, Dr. Margaret				1	1	0	
Royden, Miss E. M.				3	3	0	
Russell, Mrs. Charles				1	11	6	
Salaman, Mrs. Meyer	1	1	0				
Sanderson-Clow, Miss A., M.D.				2	2	0	
Samuel, the Hon. Mrs. Walter	10	0	0				
Sebag-Montefiore, the Hon. Mrs. R.				2	2	0	
Sellar, Mrs. Craig				3	3	0	
Shaw, Mrs. Norman				2	0	0	
Shaw, Robert N., Esq.				8	0	0	
Sheppard, Mrs. G. F.				1	1	0	
Simeon, Ella, Lady	2	0	0				
Spielman, Mrs. Meyer				1	1	0	
Spooner, Dr. A.	10	0	0				
Tigwell, W. S., Esq.	2	2	0				
Thorne, Dr. May, C.B.E., M.D. (3 years)	3	0	0	9	0	0	
Valpy, Mrs.	2	2	0				
Van den Bergh, Mrs. D.				1	1	0	
Vickers, Cecil H., Esq.	4	4	0				
Waldy, Miss V. M.				1	0	0	
Waley-Cohen, Lady				2	2	0	
Welsh, Miss Sybil I., M.D., M.R.C.P.				2	2	0	
Williams, Miss Ellery	5	0	0				
Wills, Miss Lucy, M.B., B.S.	1	10	0				

£324 19 3 230 6 0

**THE INCORPORATED HOSTELS associated
REGENT'S PARK
Income and Expenditure Account for**

		INCOME.					
		£	s.	d.	£	s.	d.
Annual Subscriptions		230	6	0			
Donations		324	19	3			
					555	5	3
Dividends		25	1	2			
					25	1	2
Patients' Payments		134	11	4			
Ministry of Health Grants		760	0	0			
					894	11	4
					1,474	17	9

NOTE.—The whole of the expenses incurred in connection with the Formation of the Company have been charged to the Hostel at 22, Highbury Quadrant.

Total Income £1,474 17 9

**with THE ROYAL FREE HOSPITAL.
HOSTEL.
the Year ending the 31st March, 1926.**

		EXPENDITURE.					
		£	s.	d.	£	s.	d.
Provisions—Meat... ..		106	2	1			
Fish, Poultry, etc.		35	18	3			
Butter, Bacon, etc.		56	9	6			
Eggs		15	9	6			
Milk		69	8	5			
Bread, Flour, etc.		53	12	9			
Grocery		150	0	6			
Vegetables and Fruit... ..		71	6	11			
					558	7	11
Surgery and Dispensary—							
Drugs, Chemicals, Disinfectants, etc.		6	5	9			
Dressings, Bandages, etc.		0	1	0			
Instruments and Appliances		4	1	6			
					10	8	3
Domestic—							
Renewal & repair of Furniture		8	11	8			
" " Bedding and Linen		20	6	6			
" " Hardware, Crockery, Brushes, etc.		13	14	1			
Washing		41	3	0			
Cleaning and Chandlery		31	13	7			
Water		4	13	9			
Fuel and Lighting—							
(a) Coal		26	0	7			
(b) Gas		49	0	6			
(c) Electric Current		18	12	8			
(d) Oil, Wood, etc.		2	19	1			
Uniforms (Nurses')		16	1	4			
					232	16	9
Establishment—Insurance		8	4	11			
Renewals and Repairs		36	19	8			
Garden		11	3	0			
					56	7	7
Salaries, Wages, etc.—Nursing		242	13	10			
Other Officers		57	7	6			
Domestic Servants		16	4	7			
Scrubbers		22	15	4			
					339	1	3
Miscellaneous—Printing and Stationery		27	3	0			
Postages		20	6	10			
Advertisements		0	6	6			
Fares, Education and After-care		24	1	8			
					71	18	0
					1,268	19	9
Administration—Law Charges		13	4	6			
Auditors' Fee		5	5	0			
							18 9 6
					1,287	9	3
Rent, Rates and Taxes—							
Rent		17	10	0			
Rates and Taxes		43	4	10			
							60 14 10
					1,348	4	1
Interest on Mortgage					55	0	0
					1,403	4	1
Balance, being excess of Total Income over Total Expenditure for the Year							71 13 8
					£1,474	17	9

HIGHBURY QUADRANT HOSTEL.

Details of the Year's Work.

The Highbury Hostel has been in full swing for just over a year, and the Committee feel they may be allowed to congratulate themselves on the success of the enterprise. This success is due, almost entirely, to their having been able to find a most admirable and devoted staff.

The great need for such a Hostel is shown by the fact that there is rarely a vacancy, and that during the year, 61 patients and 41 babies have been in residence; the total "patient days" being 5417 and the baby "patient days" 3070.

Premises. The house has now been adapted as far as is possible, for its special purpose, and the garden and verandah contribute greatly to the health of both mothers and babies. Through the generosity of an anonymous donor the old stable has been converted into an excellent drying-room for laundry.

Patients. On entering the Hostel the girl is expected to help in the house or kitchen, according to her state of health. When first admitted there is no doubt that she is going through a difficult time. She soon settles down and after her return from the Royal Free Hospital where she is sent for her confinement, pride in and affection for the child predominate, and for the next few months she is absorbed and happy.

It has unfortunately not been found possible to arrange definite educational courses this year, but members of the Committee have generously given up time to visiting the Hostel regularly, and in this way have become better acquainted with the patients and their needs.

Babies. Every effort is made to keep a patient in the Hostel until her child is six months old, and established in health, but it is sometimes difficult to prevent a mother from becoming restless, and going out sooner, to earn her living.

Special health records are kept of the children of syphilitic mothers, and photographs taken of them. These records will, if possible, be continued through childhood and adolescence, and it is hoped that they will show that congenital syphilis can be completely eradicated by the thorough treatment of the mother. Observations limited to the first year or two of life are not

sufficient proof, as symptoms of congenital disease may appear for the first time when a child is 12 or 14 years old. Thanks are due to Miss Higgins for the trouble and time she has given to photographing the babies.

After-Care. It will be realised that it is not yet possible, after only a year's work to give detailed records of After-Care. But it is gratifying to note that the patients take pleasure in returning to the Hostel after discharge, and that from January 1st to March 31st, the Sister-in-charge had received 75 visits from Old Girls.

Medical Officer's Report.

Report from Dr. A. R. Campbell, M.B., Ch.B., Medical Officer, Highbury Quadrant Hostel.

"The first year of the Hostel since its re-organisation, can, I feel sure, be considered successful.

"The figures on another page show that the beds have been almost fully occupied, and that the majority of the women have been admitted during pregnancy. Thirty of the mothers were suffering from gonorrhoea, but there has been no case of eye trouble among the children. Four infants had syphilitic mothers, but the mothers having had treatment before confinement the babies showed no sign of disease at birth, and their blood tests taken at the age of six to eight weeks were negative.

"The babies are mainly breast-fed, or breast-fed with a supplementary feed of cow's milk. Any infant not doing well has had test feeds taken over a period of ten or fourteen days and a supplementary feed has been given as required. The mothers are encouraged to continue breast-feeding by every means and take pleasure in so doing. The results are so definitely successful that weaning has only been resorted to when there have been signs of failing health and loss of weight in the mother, or preparatory to the child leaving the hostel for a foster-home. No baby has been reared on patent food.

"The nursery in the Hostel, with its windows opening on to a verandah and garden is an ideal room for children, and they have been outside for part of the day at least, throughout the different seasons. There has been no epidemic, or infection in the nursery, credit for this must be given to the staff and to their care and supervision of all details.

"One child, a premature infant two weeks old, died of bronchial catarrh two days after its return from hospital. Another child had broncho-pneumonia, he was admitted to hospital, and is now doing well. Four infants were still-born, in three cases the mother had gonorrhoea, and in one syphilis, but the cause of the still-birth of the latter was obstructed labour. One infant was born prematurely at six-and-a-half months, and died in two hours.

"In general the health of the patients has been very good, and there is marked improvement in their condition after a very few days in the Hostel. The food is ample and well-arranged. The staff have been well and have worked together splendidly."

A. R. CAMPBELL.

Finance.

The Committee wish, first of all, to thank those generous friends who by subscriptions and donations have made it possible for them to embark on the necessary alterations and repairs on taking over the Hostel, and to buy enough equipment to start it on efficient lines.

Especially would they like to thank the Trustees of the Women's Training Colony for a gift of £100, an anonymous donor for a gift of £75 to be spent on capital outlay (which has been laid out on a laundry and drying room) and another anonymous donor of £50.

The Committee are much indebted to an anonymous friend of the Chairman who has made over to him £1,650 of shares in the Rembau Jelei Rubber Co., Ltd., the interest on which is to be divided annually between the two Hostels, and which, this year, has amounted to a dividend of 25 per cent.

It will be seen, however, that the subscription list is lamentably small, and it would be a real help if, in the coming year, each present subscriber would find one more friend to promise an annual subscription.

The Committee have to report the purchase of the freehold of 22, Highbury Quadrant for the sum of £625, the cost of this being defrayed from the £1,250 4 per cent. Funding Stock which was handed over, together with the Hostel, on the understanding that it should only be used for capital expenditure.

It will be seen that the accounts cover the whole period from the opening of the Hostel on January 19th, 1925, until the close of the financial year on March 31st, 1926. It is therefore impossible to make an accurate estimate of the cost per head, but roughly, the cost per patient is £2 17s. 6d. a week, or, excluding extraordinary expenditure on alterations and equipment, £2 7s. 3d. a week.

The cost of food per head is 10s. 6d. a week per adult, and 7½d. a week per baby. The medical officer in charge is entirely satisfied with both the quantity and quality of the fare provided. Great praise is therefore due to the Sister-in-charge and the Staff for their careful and economical catering.

The Committee wish to express their grateful thanks to the following for their gifts in kind :—

Books. Dr. Campbell, Mrs. Howard, The Lady Emmott.

Clothes. Dr. Campbell, Mrs. Denne, Lady Emmott, Miss Finch, Mrs. Howard, Mrs. Pook, Miss Pook, Miss Smith, Queen Mary's Needlework Guild.

Furniture. Regent's Park Hostel.

Flowers. Mrs. Henriques, Mrs. Poole.

Games and Cakes. Mrs. Henriques.

Garden Tools. Miss Hare.

Della Robbia Plaques. Miss d'Avigdor.

Household Oddments. Dr. Welch, Mrs. Denne.

Perambulator. Miss Smith.

Plants. Mrs. Henriques, Miss Marker, Mrs. Poole.

Posters and Pictures. Mrs. Beauchamp, Dr. Hare.

Zoo Tickets. The Lady Emmott, Mrs. Henriques.

Christmas Gifts. The Staff decorated a tree, and combined together in giving every girl and baby a present, and the following also sent gifts :—The Hon. Mrs. Barlow, Dr. Campbell, Miss d'Avigdor, Miss Fuller, Dr. Hare, Mrs. Henriques, Miss Mac Ewan, Miss Pook, Dr. Rorke, Miss Scully, Dr. M. Shaw, Mr. Tupper, Messrs. Welford & Co.

OCCUPATIONS AND AFTER-HISTORY OF PATIENTS

During Year ended 31st March, 1926.

OCCUPATIONS ON ADMISSION :

Domestic Servants	30
Clerks	7
Married Women	3
Factory Employees	2
Waitresses	1
Shop Assistants	9
Trained Nurse	1
Childrens' Nurses	2
Laundry Employees	2
Embroidress	1
Cinema Attendant	1
Barmaid	1
Living at Home	1
—							
							61

AFTER-HISTORY OF MOTHERS :

Domestics	13
Clerks	4
Returned to their Homes	4
Returned to other Hostels	8
Factory Hand	1
Children's Nurse	1
Lost sight of temporarily	11
In Residence in Hostel	17
In Hospital	2
—							
							61

AFTER-HISTORY OF BABIES :

Under Care of Foster-Mothers	7
Returned to other Hostels	6
Living with their Mothers	11
Living in Homes	2
Adopted by Aunt	1
In Residence in Hostel	12
In Hospital	2
—							
							41

In addition to the above infants, who have actually stayed at the Hostel, 4 babies of Hostel girls have been still-born, and two were prematurely born, and died very shortly after.

List of Donors and Subscribers to Highbury Quadrant Hostel, January 19th, 1925, to March 31st, 1926.

	Donations.			Subs.			
	£	s.	d.	£	s.	d.	
Alexander, Miss A. M.	2	0	0	
Anonymous	50	0	0	
Anonymous (to capital outlay)	75	0	0	
Anonymous (per Rubber Dividend)	113	1	0	
Barlow, Sir Thomas, Bart., K.C.V.O.	30	0	0	
Beevor, Mrs.		5	0	0
Blackburne, Mrs. Ireland		5	0	
Bodington, Lady	1	1	0	
Browne, Miss A. B.		1	0	0
Brunner, Lady	2	2	0	
Campbell, Dr. A. R.		1	1	0
Chapey, Miss Ursula		1	0	0
Courtney of Penrith, the Lady	3	0	0	
d'Avigdor-Goldsmid, O. E., Esq.	5	0	0	
Dawkins, the Lady Bertha		1	1	0
Denne, Mrs.		1	0	0
Douglas-Pennant, the Hon. Mrs. A.	5	0	0	
Duncan, the Misses		1	0	0
Emmott, the Lady		1	1	0
Gow, Mrs. James	10	0		
Gowers, Mrs. Ernest	1	1	0	
Hare, Dr. D. C.		10	0	0
Lascombe, Miss		5	0	
Lewis, Lady	1	1	0	
Lewis, Mrs.		2	2	0
Lyall, Dame Beatrix, D.B.E.	1	1	0	
M. M.	2	0	0	
Macmillan, Mrs. George	2	2	0	
Mildmay, Miss B.	1	0	0	
Moro, Arthur R., Esq.	3	3	0	
Nicholette, Mrs.		1	1	0
Orred, Miss A. K.		1	0	0
Pilcher, Giles T., Esq.		2	2	0
Rescue and Preventive Sales (per Mrs. Corkran)	20	0	0	
Rogers, the Rev. Clement		2	0	0
Rorke, Dr. Margaret		1	1	0
Schuster, Lady	2	0	0	
S. D. R. S. D.	20	0	0	
Smith, Miss A. M.		1	0	0
Strathcona and Mount Royal, the Lady	20	0	0	
Sydenham, the Lady		5	0	0
Tanner, Mrs. Slingsby	1	1	0	
Thomasson, Mrs.	5	5	0	
Trollope, Miss Blanche	10	0		
Whitelaw, Graeme, Esq.	10	0	0	
Williamson, Mrs. A. B.	2	0	0	
Wilson, Dr. Helen		1	0	0
Wilson, Mrs.	2	0	0	
Women's Training Colony, the Trustees of	100	0	0	
—							
							£480 18 0
							£38 19 0

**THE INCORPORATED HOSTELS associated
HIGHBURY QUAD
Income and Expenditure Account for**

INCOME.			
	£	s.	d.
Annual Subscriptions	38	19	0
Donations	480	18	0
	519	17	0
Dividends	50	0	0
Interest on Deposit or Current Account	6	10	2
	56	10	2
Patients' Payments	441	19	0
Ministry of Health Grants	1,750	0	0
	2,191	19	0
	2,768	6	2

NOTE.—The whole of the expenses incurred in connection with the Formation of the Company have been charged to this Hostel.

Total Income £,2768 6 2

**with THE ROYAL FREE HOSPITAL.
RANT HOSTEL.
the Period ending the 31st March, 1926.**

EXPENDITURE.			
	£	s.	d.
Provisions—Meat... ..	101	5	3
Fish, Poultry, etc.	33	14	6
Butter, Bacon, etc.	75	12	7
Eggs	20	14	5
Milk	120	5	9
Bread, Flour, etc.	72	13	7
Grocery	108	19	7
Vegetables and Fruit	79	7	7
	612	13	3
Surgery and Dispensary—			
Drugs, Chemicals, Disinfectants, etc.	25	16	6
Dressings, Bandages, etc.	3	6	5
Instruments and Appliances	8	4	4
	37	7	3
Domestic—			
Renewal and Repair of Furniture ...	100	15	10
„ „ Bedding and Linen	85	3	2
„ „ Hardware, Crockery, Brushes, etc.	70	15	7
Washing	25	1	3
Cleaning and Chandlery	49	10	1
Water	6	5	0
Fuel and Lighting—			
(a) Coal	60	11	9
(b) Gas	55	6	11
(c) Electric Current	30	6	3
(d) Oil, Wood, etc.	0	18	0
Uniforms (Nurses')	18	3	6
	502	17	4
Establishment—Insurance	15	16	10
Renewals and Repairs... ..	286	2	5
Garden	16	19	3
	318	18	6
Salaries, Wages, etc.—Medical ...	50	15	0
Nursing	391	19	6
Other Officers	79	5	4
Scrubbers	42	9	10
	564	9	8
Miscellaneous—Printing and Stationery	29	1	6
Postages	26	8	2
Fares and After-care	45	8	5
	100	18	1
	2,137	4	1
Total Cost of Maintenance			
Management—Law Charges	11	2	6
Auditors' Fee	5	5	0
	16	7	6
	2,153	11	7
Rent, Rates and Taxes—Rent	14	18	2
Rates and Taxes	42	9	10
	57	8	0
Extraordinary Expenditure—			
Company Formation Expense	111	19	0
	2,322	19	5
Total Expenditure			
Balance, being excess of Total Income over Total Expenditure for the Year	445	6	9
	£2,768	6	2

THE INCORPORATED HOSTELS associated

Dr. Balance Sheet,

	£	s.	d.	£	s.	d.	£	s.	d.
To SUNDRY CREDITORS:—									
Regent's Park				48	14	6			
Highbury Quadrant				90	11	5			
				139	5	11			
„ LOAN ON MORTGAGE OF LEASEHOLD PROPERTY:—									
62, Regent's Park Road, N.W. ...							1,000	0	0
„ SPECIAL FUNDS ON CAPITAL ACCOUNT:—									
<i>for Building Equipment:</i>									
<i>Regent's Park</i>									
Balance 1st April, 1925				1,452	8	9			
Added				5	0	0			
				1,457	8	9			
<i>for General Purposes:</i>									
<i>Regent's Park</i>									
Balance 1st April, 1925				346	3	9			
<i>Highbury Quadrant</i>									
Balance 19th January, 1925	1,154	12	2						
Add Profit on Sale of Investment	52	1	2						
				1,206	13	4			
							1,552	17	1
„ INCOME AND EXPENDITURE A/C:—									
<i>Regent's Park</i>									
Balance 1st April, 1925	239	12	4						
Add Excess of Income over Ex- penditure for the Year	71	13	8						
				311	6	0			
<i>Highbury Quadrant</i>									
Balance being Excess of Income over Expenditure for the period 19th January, 1925, to March 31st, 1926				445	6	9			
							756	12	9
				£4,906	4	6			

To the Members of the Incorporated Hostels associated with
The Royal Free Hospital.

We have audited the above Balance Sheet, and have obtained all the information and explanations we have required. The amount to the credit of the Income and Expenditure Account includes the balance, on that account as at the date of the Incorporation of the Company, viz.—27th day of February, 1926. Subject to the foregoing remark the said Balance Sheet is in our opinion properly drawn up so as to shew a correct view of the state of the affairs of the Company, according to the best of our information and the explanations given to us, and as shewn by the books of the Company.

DATED THIS 21ST DAY OF JULY, 1926.

with THE ROYAL FREE HOSPITAL.

31st March, 1926.

Cr.

	£	s.	d.	£	s.	d.	£	s.	d.
BY CASH AT LLOYD'S BANK:—									
Highbury Quadrant				265	9	3			
Less Overdrawn—Regent's Park..				39	12	5			
				225	16	10			
„ CASH IN HAND OF MATRON:—									
Regent's Park				20	0	0			
Highbury Quadrant				5	18	6			
				25	18	6			
„ INVESTMENTS:—									
<i>Regent's Park</i>									
£501 8s. 3d. War Stock 5% 1929/47	500	16	8						
100 National Savings Certificates...	80	0	0						
				580	16	8			
<i>Highbury Quadrant</i>									
£533 16s. 6d. Funding Stock 4% 1960/90				427	1	2			
				1,007	17	10			
„ FREEHOLD PROPERTY:—									
22, Highbury Quadrant, N. 5 ...							651	16	7
„ LEASEHOLD PROPERTY:—									
62, Regent's Park Road, N.W. (sub- ject to Mortgage as <i>per contra</i>). ...							2,388	10	6
„ FURNITURE AND EQUIPMENT:—									
Purchased since 1st April, 1924—									
Regent's Park							65	18	3
NOTE.—The value of the Furniture and Equipment at 62, Regent's Park Road, as at 1st April, 1924, and of that at 22, Highbury Quadrant, as at 19th January, 1925, is not included in the above figure.									
„ SUNDRY DEBTORS:—									
Regent's Park				150	0	0			
Highbury Quadrant				392	6	0			
				542	4	6			
							£4,906	4	6

HARDY, HISLOP & Co.
Chartered Accountants,
119, Moorgate,
London, E.C. 2.

} Auditors.

