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THE INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL



Twelfth Annual Report Accounts and List of Subscribers for 1930



Regent's Park Hostel

2, Regent's Park Road, N.W.1.
Telephone: Primrose Hill 2839.

Highbury Quadrant Hostels

20 & 22, Highbury Quadrant, N.5.
Telephones: — North 0180.
Barlow Hostel, North 4615.

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ROY

Pamphlet

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Telephone: Primrose Hill 2839.

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North 4615. Barlow Hostel.

TWELFTH

Annual Report, Accounts, and
List of Subscribers for 1930

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INCORPORATED HOSTELS.

Vice-Presidents.

THE VISCOUNTESS ST. CYRES. THE LADY SYDENHAM OF COMBE.
 THE LADY BERTHA DAWKINS. DR. JANE WALKER.
 MRS. ST. JOHN.

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Vice-Chairman—A. G. L. Gamlen, Esq.
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 The Lady Emmott. Dr. Margaret Rorke.
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 Julian Q. Henriques, Esq. Miss A. M. Smith.
 Mrs. Julian Q. Henriques. Mrs. Julian Smeathman.

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REGENT'S PARK HOSTEL :	HIGHBURY QUADRANT HOSTEL :
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The Hon. Mrs. N. Barlow.	The Lady Emmott.
Dr. A. Broman.	Dr. D. C. Hare.
Dr. E. H. Lepper.	Mrs. Julian Q. Henriques.
Miss McEwan.	Miss Voelcker.
Miss A. M. Maynard.	Miss A. M. Smith.
Mrs. Arnold Paterson.	Miss McEwan.
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Dr. Margaret Rorke.	<i>Medical Officer.</i>
Dr. Sandes.	Dr. Margaret Rorke.
Mrs. Julian Smeathman.	R. R. Garratt, Esq.
Miss A. M. Smith.	The Hon. Mrs. N. Barlow,
Miss Voelcker.	<i>Hon. Treasurer,</i>
R. R. Garratt, Esq.,	4, Gloucester Walk, W.8.
<i>Hon. Treasurer.</i>	Mrs. Arnold Paterson, <i>Hon. Sec.,</i>
Royal Free Hospital,	5, Beaufort Mansions,
Gray's Inn Road, W.C.1.	Chelsea, S.W.3.
Miss B. d'Avigdor, <i>Hon. Sec.,</i>	
4, Pelham Crescent, S.W.7.	<i>Sister-in-Charge</i> —Miss K. E. Noakes,
<i>Sister-in-Charge</i> —Mrs. Bolton,	
<i>Bankers—</i>	<i>Bankers—</i>
Messrs. Lloyds Bank, Ltd.,	Messrs. Lloyds Bank, Ltd.,
Holborn Circus, E.C.	Kensington High Street, W.8.
<i>Auditors</i> —Messrs. Hardy, Hislop & Co., 119, Moorgate, E.C.2.	

INCORPORATED HOSTELS.

AIMS.

The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (*See Rules for admission.*)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are:

1. Care and medical treatment of women suffering from venereal disease.
 - (a) Non-pregnant cases. Admitted to Regent's Park Hostel.
 - (b) Pregnant cases. Admitted to Highbury Quadrant Hostel.
 - (c) Mothers and babies. Admitted to Highbury Quadrant and Barlow Hostels.
2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital out-patients' clinic, as at present insufficient provision is made in general hospitals for the isolation and after-care of these infectious cases. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners: such as waitresses, domestic servants, factory workers, or clerks, who are, for the time being, unfitted to earn their living. They would not willingly enter a large institution, nor are they so ill as to need a bed in hospital. Conditions often make it impossible for the girl to stay at home, though the parents willingly contribute towards her expenses at a hostel. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay, every effort is made to help patients to moral, as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over

a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

ACCOMMODATION.

REGENT'S PARK HOSTEL	15 Beds.
62, Regent's Park Road, N.W.1.					
HIGHBURY QUADRANT HOSTELS	19 Beds.
22, Highbury Quadrant, N.5.					
BARLOW HOSTEL	14 Beds.
20, Highbury Quadrant, N.5.					
					14 Cots.

REGULATIONS AND CONDITIONS FOR ADMISSION.

1. Cases are admitted by the Medical Officer of the Royal Free Hospital Venereal Diseases Clinic, who attends at the Hospital (Out-patients) daily from 9.30 a.m.—7.30 p.m., and on Saturdays from 9.30 a.m.—12.30 p.m.

2. Only patients suffering from Venereal Disease in an infectious stage are eligible for admission.

3. Medical practitioners who are desirous of securing the admission of a patient to the Hostels are invited to refer the case to the Hospital Clinic with a note to the Medical Officer.

4. Patients from other hospital clinics in the district are admitted and arrangements made for them to continue under the care of their own Medical Officer. Applications for vacancies should be made to the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1.

5. The most suitable cases for admission to the Hostels are young girls. Married women, professional prostitutes, or remand cases are not usually suitable.

6. Patients are kept in the Hostels, if possible, until their condition becomes non-infectious, and suitable arrangements have been made for their return to work, or to their families.

7. No patient is refused on grounds of inability to pay, but the circumstances of patients are enquired into by the Almoner of the Royal Free Hospital. They are required to contribute towards the cost of their maintenance if in a position to do so.

Further information regarding the Hostels may be obtained on application to the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1., or to the Hon. Sec., 4, Pelham Crescent, S.W.7.

ANNUAL REPORT, 1930.

To those who are intimately concerned with the internal administration of homes, almost every day brings forth its individual problems, and it is only in looking back over a stretch of years that hopeful progress becomes apparent.

It is everywhere evident that the general public is becoming more enlightened and less censorious; that social work is appealing to the younger generation, and demanding a higher standard of training, and that public authorities are as anxious as philanthropists to encourage prevention as well as cure of social ills.

These factors have enabled the Committee to increase their accommodation from ten beds in 1919 to forty-eight beds and twenty-six cots in three houses in 1930. The consequent increase in responsibilities and commitments sometimes appears almost overwhelming, more especially as each step forward seems to lead on to further developments.

The Committee have this year been especially occupied with three subjects, in addition to the normal administration of Regent's Park and Highbury Hostels.

First, the gradual building up a policy and a tradition at the Barlow Hostel, opened last year. It can be safely asserted that the experiment is a success as regards the health and welfare of the babies. The value of the new venture and its difficulties with regard to the mothers are explained by the Sister-in-charge, and the Warden, in personal reports on pages 15 and 16.

Secondly, the provision of a sum of money for repairs and re-decoration of 62, Regent's Park Road. Through the generosity of Mrs. d'Avigdor-Goldsmid £170 was realised by an American Tea held at her house in July. The success of this effort is due to a sub-committee under the Chairmanship of Mrs. George Nathan. To her, to the owner of the house, to the Countess of Limerick for opening the Tea, and to their friends, the Committee of the Hostels wish to express their warmest thanks.

Thirdly, an advance has been made in the after-care of patients from all three Hostels, by the appointment of a salaried after-care worker. Miss Cadmore, who was trained at the Josephine Butler House, Liverpool, was engaged in February last as a half-time worker, but after six months the work had expanded so much that a whole-time appointment was made.

The expenses both for salary and fares are a heavy charge upon the ordinary income, and new friends must be sought who will be sufficiently interested to give financial support to this development. Its scope is shown in Miss Cadmore's own report, as follows;—

REPORT

From Miss Cadmore, After-Care Worker.

During the last ten months I have dealt with fifty cases that have called for sufficient work to make a case-paper necessary, and have had dealings with about thirty other girls where the help was of so slight a nature that a case-paper was not needed.

I think we may claim that of these—

22 have been successfully helped.

8 are fairly satisfactory,

9 are question-marks,

3 have been passed on to other workers,

4 have been lost sight of,

4 appear to be failures.

Four hundred and thirty-one letters have been written in connection with these girls, and I have paid two hundred and seventy-nine visits, excluding routine visits to the Hostels, the Hospital, and attendance at Committee Meetings.

The ways in which we have been able to help have been varied, and it is not possible to enumerate them all in a short report. Several young women have been found work—others have been put in touch with clubs and other organisations where they can spend their leisure—in order that they shall not be dependent on casual encounters in the streets for friendships. One was sent to a convalescent home and has been found new work on her return. During the year four girls were persuaded to enter Homes because they lacked the stability of character to make good without specialised training. These are being taught dressmaking, cookery, and housework respectively. Amongst others for whom work was found, one was placed twice, and each time she ran away or got dismissed. We collected that girl off the streets about a dozen times in the course of a month. The last time she returned of her own accord, and has gone to her home in the country, where a worker is now looking after her and she seems likely to make good.

We have found a considerable number of foster-mothers for the children of mothers leaving the Highbury Hostels, and I have visited these children from time to time. Five children have been placed in Children's Homes when the mother could not have the baby near her, or was unable to pay the full amount for a foster-mother. In each case

the mother pays something towards maintenance and is expected and encouraged to visit when possible. I am of opinion that Children's Homes are far more satisfactory than foster-mothers. It may sound ideal for a baby to live in a normal house, but too often the foster-mother becomes "mother," and the real mother loses interest. Other good foster-mothers will not accept an illegitimate child, as they will not have the mother to the house—and others again simply take the children for their money and do not do their duty by them. Many more small homes for children from two to five are needed.

REGENT'S PARK HOSTEL.

January 1st to December 31st, 1930.

On January 1st, there were twelve patients in the Hostel; during the year forty-eight have been admitted, of whom fifteen were in residence on December 31st, 1930.

The average length of stay has been 60.9 days.

The total number of Patient Days is 3,651.

Owing to the fact that the Hostel was closed for five weeks for redecoration and seven patients transferred to Highbury, for the time, this number is rather lower than usual.

Staff. In March, Sister Fox, Staff Nurse, left at very short notice in order to nurse a sick relative, and it has been difficult to replace her. The post calls for specialised technical knowledge, tact, domestic qualifications, and the power of working harmoniously with others. The Committee are grateful to Sister Bolton, and the other two members of the Staff, for their devotion to duty throughout the year, and the maintenance of an undisturbed routine, in spite of changes in personnel.

Redecoration. Early in 1930 the Committee realised that the house needed redecoration almost throughout. The staircase walls were in a particularly bad condition, as these had not been re-papered when the house was taken over in 1924. It was decided, therefore, to close the Hostel for a month and to transfer seven girls, under Sister Fox, to the Barlow Hostel which was not at that time fully occupied. They returned to Regent's Park early in March, when the Hostel was re-opened. The cost of the redecoration was £126. This expenditure was more than covered by the sum raised at the American Tea (mentioned above) held on July 15th, at Mrs. d'Avigdor-Goldsmid's house, 47, Hans Place.

American Tea. The following are amongst those who contributed in cash or kind. Other gifts were sent anonymously. To all, the Committee wish to express their warmest thanks. Sir Thomas Barlow, Bart; Mrs. Bayldon; Miss Hilary Bevan; Mrs. Borwick; Philip Bright, Esq; Dr. Broman; Mrs. Brydone; Mrs. Dakyns; The Hon. Lady Darwin; Lady Downe; Mrs. O. E. d'Avigdor Goldsmid; H. J. d'Avigdor Goldsmid, Esq.; Mrs. Benjamin Drage; Miss Ellice; Mrs. Gluckstein; Mrs. Goldschmidt; Lady Gregory; Sir Frederick Hall; Lady Hanworth; Miss K. C. Hare; Mrs. Sidney Higgs; Miss James; Lady Instone; Lady Kent; Lady Leese; Miss G. Lister; Miss Lucy; Mrs. F. Marks; Miss Mellor; Mrs. Hickman

Morgan; Mrs. Nissim; E. Robson Esq; Ella Lady Simeon; Miss Smallwood; Lady Sybil Smith; Miss Sopper; Mrs. Herbert Speyer; Lady Spielman; Lady Stern; Mrs. James Stern; The Lady Swaythling; The Hon. Mrs. Charles Tufton; Mrs. Brian Walker; Lady Waterhouse.

Medical Report.

*From Dr. Margaret Rorke, Medical Officer in Charge Marlborough (V.D.)
Department Royal Free Hospital.*

At the end of ten years' activities it is interesting to look back on the type of work done during these years. In 1920 the Hostel was situated in Gloucester Road, Regent's Park, where a much smaller number of girls could be treated than is now the case. The demands on our space were so continuous that expansion became necessary if the work were not to suffer greatly.

Thus it came about that in 1924 the Committee decided to take the much larger house at 62, Regent's Park Road. This required more staff, and a nurse was engaged "to share nursing and administration with Miss Hall." In October 1924 the Hostel, then, was transferred to 62, Regent's Park Road, and between 1921 and 1929 the average length of time a patient has stayed, has increased gradually from thirty-nine to eighty days. (This year, owing to the closing of the Hostel, the average has dropped to 60.9 days.)

Several factors have been at work to bring this increased stay in the Hostel to pass. In the first place, before we expanded, girls were often encouraged to leave the Hostel because of pressure on our beds, as soon as they were free from active infection, and seemed to be on the right lines morally and medically. In many cases this worked well; but as time went on, it became increasingly evident that in cases of syphilis, despite the good intentions of the girls, it was not possible for them to get leave from work to attend hospital as frequently as was needed for satisfactory continuation of treatment.

In the last few years also, the minimum amount of treatment for syphilis has been greatly increased; it is now our aim, therefore, to keep all cases of syphilis at least till their first double set of injections has been given. This, with blood test, makes an absolute minimum of eight or nine weeks' stay under the most favourable conditions. Should there be any intercurrent illness which prevents or prolongs treatment, the time obviously would be longer than eight or nine weeks.

Again, in cases of mixed infection (gonorrhoea and syphilis simultaneously) long treatment is required. In later years, due to the general knowledge in the country that treatment can be obtained, a certain number of cases of old-standing gonorrhoea have been referred to us. These may have been attending hospital out-patients—our own or some other—and either by reason of living a long distance from hospital or from bad home conditions or persistently immoral behaviour, have not improved as

out-patients and therefore have been received into the Hostel. Such cases, of course, are tedious to treat, and recovery is very slow. This, while giving ample time for moral and social care, frequently gives rise to undesirable nervous symptoms in the patient, as is easy to understand, and depression, or in some cases a definitely hysterical condition, has developed.

These symptoms, though not met with in a great proportion of the patients, undoubtedly occur in a greater number in this Hostel than in the Highbury Quadrant Hostel, and the reason is not far to seek; in the Maternity Hostel, the patient's treatment is divided into two parts—in pregnancy and after delivery, and the fact that there is a constant arrival of new infants at the Hostel gives a certain spice of excitement to the lives of the patients, quite apart from their interest in their own children.

The psychological effect on the patients in Regent's Park of finding themselves, in certain cases, doomed to prolonged and tedious treatment if they desire ultimate cure, requires to be constantly recognised and dealt with in a vein of cheerful steady optimism by the medical and nursing staff. Some of these cases would undoubtedly from a medical standpoint improve more quickly if they could be wholly kept in bed for the first three or four weeks of their stay; and as there is no immediate prospect of more beds in the ward at the Royal Free Hospital, the Committee will have to consider in the near future, if the experiment may be made of turning one dormitory into a ward for bed cases. In this way even more intensive treatment might be given and the recovery to some extent hastened; again, the change from being a bed case to being up and about might give the small stimulus so greatly to be desired in long cases.

Our aim is, and has always been, to cure the patient; but primarily to concentrate on her as a person, not a case, and within safe medical limits, to modify treatment when required, in order that we may get the best results physically and morally.

Report from Sister-in-charge.

From Mrs. Bolton, Sister-in-Charge, Regent's Park Hostel.

The girls this year have been of unusually varying types, as regards class, nationality, and religion. Shortly before Christmas our family included a Norwegian, a Swiss, and a German, and representatives of five different religions. They were a most friendly party, and the atmosphere was remarkably peaceful. The maintenance of harmony amongst the patients seems to me an important factor in helping them to accommodate themselves to the mild discipline and necessary restrictions on their freedom, which are so unlike their usual surroundings.

A greater number of patients have passed through the Hostel this year than last, but some, proving unsuitable, only stayed a short time. It is not always possible to discover, until a girl has been in the Hostel for

a little while, if she is suitable, but we consider it well worth admitting some doubtful ones, rather than risk missing any who might profit by their stay. On the other hand, several young women reported from elsewhere as "exceedingly difficult," fitted in happily at Regent's Park, and were satisfactorily placed on leaving. The absorbing interest of the work at Regent's Park can hardly be exaggerated. No two cases can be handled in the same way; some are so ashamed of themselves that one has to be very gentle with them; others come with a hard, resentful attitude towards the world in general, which softens when they find we are willing to understand their difficulties, provided they wish to co-operate. Further, the situations in which they find themselves are often extremely complicated and entail many interviews with relatives or friends. Frequently our help is required to free them from strange entanglements. Endless time and trouble are needed to obliterate or break off unsatisfactory connections and establish a fresh basis.

Friends old and new have this year been exceedingly generous in giving their time to the Hostel, and we have achieved our ambition of almost daily visitors from the outside. Dr. Anna Broman has cultivated in the girls a real love of books and literature. With her help the library has been improved, and the books neatly bound and catalogued, but reference books are still lacking, and these and standard works would be welcomed. Miss Crockett has again given two afternoons a week to the Hostel, teaching handicrafts or taking the girls out; she has also given valued assistance when the staff have been short-handed. Miss Munro has lately been a stimulating visitor, and has helped the staff in emergencies.

Mrs. Wood, well known to Women's Institutes in Warwickshire, stayed at the Hostel in September, for four days, and gave members of Highbury and Regent's Park staffs an intensive course in soft-toy making. We hope to start a little industry shortly, and have already made £3 10s. 0d. by selling toys at Christmas. Various handicrafts are now almost a matter of course, but a special effort was made for the American Tea in July, when the stall furnished by the staff and patients of the Hostel realised £15.

In reviewing the year two facts stand out; on the medical side the nursing has been more arduous, owing to the number of acute cases received, and on the social side, Miss Cadmore's valuable after-care work has enabled us to find and help many more of the "Old Girls" than in the past.

After-Care. Below are the records of the After-Care carried out by Sister Bolton during the last three years.

	1928	1929	1930
	9 mths. only.		
Letters received from Old Girls ...	218	271	354
Letters written to Old Girls ...	254	264	354

	1928	1929	1930
	9 mths. only.		
Visits from Old Girls ...	202	205	172
Visits to Old Girls ...	20	23	8
Letters from Employers or Workers ...	198	86	174
Letters to Employers ...	246	168	209
Visits from Employers, &c. ...	111	161	93
Visits to Employers, &c. ...	32	20	16

Reports on Past Patients. Last year the total number of past patients "No longer needing After-care" was given as 444. To this figure may be added in 1930, 27 who have been passed on to other homes or workers, and are therefore unlikely to need further help, and 8 more, married.

The classification of all patients who have passed through the Hostel is given as follows.

	No longer needing After-care	After-care still needed 1930
Satisfactory ...	171	74
Married ...	35	8
Doubtful ...		4
Lost sight of, probably satisfactory ...	71	
Lost sight of, probably unsatisfactory ...	54	4
Mentally deficient, certified ...	9	
Died ...	4	
Unsatisfactory ...	70	4
Transferred to other Homes or Workers ...	65	
	479	96
Total ...	575	

Treasurer's Report. The very narrow margin of Balance on the right side of £8 9s 10d, in spite of the splendid contribution from the American Tea, gives the Committee some cause for anxiety. Already subscribers and donors are feeling the stringency of the present financial situation and are obliged to reduce their contributions. The management do their utmost to keep down expenses, but outlay on seeming luxuries such as After-care and Education appear to them to be vital if the work begun on the medical and moral side in the Home, is to be carried to its logical conclusion.

The cost per patient per week is this year £2 15s. 10d., an abnormally high figure, owing to the fact that the Hostel was closed for five weeks; the patients' days were therefore fewer, but the overhead charges, except for food, continued. In comparing

these costs with those of Highbury Hostels, it should be remembered that the two houses at Highbury are Freehold, and that no Leasehold Redemption Fund is necessary nor is there any mortgage interest to pay. The Accounts also once more prove the well-known fact that a larger institution is much more economical to run, than a small one, provided that administration costs can be kept low.

Thanks. The Committee wish once more to express their gratitude to subscribers and donors to the funds, and to those who make gifts in kind; to Mrs. James Beale and Miss H. M. Beale for a constant supply of flowers and branches, to Miss E. M. Shirley for a donation of two guineas for books, and to the following for other presents:

Clothing: Miss Crockett, Miss d'Avigdor, Miss Harries, the Staff.

Fruit and Flowers and Plants: Miss Harries, Miss Munro, Old Girls, Mrs. Sherston.

China: Dame Katharine Furse.

Books: Dr. Broman.

Tickets for Entertainments: Miss d'Avigdor, The Lady Emmot, the Embassy Theatre, Dr. Hare, Miss Lever.

Christmas Presents: Miss H. M. Beale, Dr. Broman, Miss Crockett, Dr. Hare, Mrs. Marsh, Miss Munro, The Old Girls, Dr. Rorke, Miss E. M. Royden, Dr. Sandes, The Staff.

HIGHBURY HOSTELS.

January 1st to December 31st, 1930.

On January 1st, 1930, there were twenty-six patients and eighteen babies in the two houses; during the year forty-seven patients have been admitted. Actually, on December 31st, 1930, there were twenty-six patients and twenty-two babies in residence at Highbury Hostels, but frequently throughout the year every bed has been occupied.

The total number of "patient days" is 9,320, and the number of "Baby Patient Days," 7,020.

Staff. A staff of eight is now required for the two houses. Miss Pridmore was appointed Warden of the Barlow Hostel in February last and has, under the leadership of Sister Noakes, built up the practical routine of the house in addition to finding suitable employment for those mothers who are fit to work. Nurse Evans, who had been nurse-in-charge of the infants at No. 22 since the opening of the Hostel under its present management, left to take further training, after five and a half years devoted and competent work for the babies.

Report from Sister-in-charge.

Our continuation Hostel has now been opened for well over a year, and we have found it an added source of interest; it is in so many ways much more satisfactory to watch both the girls and the babies over a longer period of time. I am quite sure that it is a wonderful benefit to the children to spend the first eighteen months or so in good surroundings and to be fed in a proper manner. We have now had ten children who have stayed with us for over a year, and we have not had the slightest trouble with teething; we attribute this to proper feeding. This fact is a great inducement to the girls to stay on, for we hear in so many cases from old girls who have left when their infants are from four to six months, how difficult they have been, and they often report to our girls that bronchitis or convulsions are part of teeth cutting.

The medical visits of Dr. Campbell, and the strict regulations laid down by her as to the diet and care of the children, are a very valuable training to the mothers, and should be of great benefit to them when they leave.

From the point of view of the girls, we are able to see how they react to liberty. When they are promoted to the Barlow Hostel they start receiving wages, getting their regular times off, and being allowed out without supervision. They begin to feel that they are getting back to a normal life, and the majority of them alter very much, either for the better or the worse, and we see quite a different side. They have more

oversight than they would get in the majority of situations, but at the same time they are trusted, and also made to feel that there is always someone who is interested in them and ready to help when necessary. To the girls who come to us in a hopeless despairing frame of mind, wondering what they are going to do when it is all over, the Barlow Hostel holds out a ray of hope, and is an interest to them from the beginning of their stay.

We are very glad also not to have to look for foster-mothers for the infants at four or six months, and indeed I feel that the advantages to the girls, and more especially to the babies, far outweigh the drawbacks, and personally I am very glad of the opportunity of keeping in close touch with them over a longer period.

The problems connected with the Barlow Hostel are here given in the Warden's Report.

Report from Miss Pridmore, Warden of Barlow Hostel.

My chief problem at the moment is the difficulty of dealing with a number of girls who, though they have a certain misfortune in common, are yet so different in their individual make-up.

One girl is sensitive of her position, and will submit willingly to the few necessary domestic restrictions which have to be made, whilst another will resent any sort of restraint, however reasonable it may be.

In the Barlow Hostel, greater freedom of action and self-expression is allowed, but some girls regard any relaxation of rules to which they may have been subjected in hospital, or No. 22 Hostel, as an invitation to do just as they like. Their attitude is not vicious, but is very different from that which they adopted when they were in hospital, or under the restrictions of acute physical disability.

The younger girls (those, say, under twenty-one), are definitely easier to manage, and will respond to advice and accept it in the right spirit much more readily than the older ones. They all love their babies, but there are a few who regard them as irksome if the babies are likely to interfere with their pleasure or freedom. These girls, when they go out to daily work, regard the Hostel as a boarding-house, and think that the two-thirds of their earnings, which they contribute, covers all their expenses to the Hostel, and that therefore the whole of their off-duty time should be at their free disposal, without any responsibility to the babies.

The task of finding suitable employment for those who are able to undertake outside work is sometimes a big one. The girl's position cannot be concealed from a prospective employer, and there are not many people who are humane enough, or whose circumstances permit them to overlook her misfortune and give her a trial.

I find it very necessary in order to deal with the girls successfully to get to know them thoroughly without appearing too intimate, to give advice without seeming dictatorial, and to encourage them to realise

that they are trusted and expected to be a credit to themselves and to those who try to help them.

The minor domestic and social difficulties of the running of the Hostel are as nothing compared with the task of re-moulding the character and outlook of girls whose natural inclination is towards self-indulgence and enjoyment. But the effort certainly does often bring its own reward.

Medical Officer's Report.

From Dr. A. R. Campbell, M.B., Ch.B., Medical Officer, Highbury Hostel.

This can be considered another successful year for the Hostels at No. 22 and 20 Highbury Quadrant.

There has been an average of ten babies in residence in each house during the year, and the health record has been very good.

It is interesting to point out that one girl admitted suffering from syphilis in a very acute stage, who had very little time before her confinement, had a baby born with evidence of the disease. This is the first and only case we have had of an infected infant in six years. The child did not return to the Hostel as it required hospital treatment. On the other hand, six girls were admitted also suffering from syphilis, but with a longer period of time before confinement for their treatment, and in each case the baby was born healthy and with a negative blood test.

Though there has been no epidemic or actual illness in the Hostels during the year, three babies, one a premature child weighing 3½ lbs., were very difficult to start in life, and the staff is to be commended for the care and attention they have lavished on these infants, who are now strong and healthy.

The Barlow Hostel has been established long enough to show how advantageous it is to the babies to get a good start in life.

The girls in the hostel really do appreciate the benefit of this house for their babies. It is as obvious to them as it is to the staff and myself at the parties which are held at intervals throughout the year, how much better cared for and how much more healthy are the children in residence than those who are with foster mothers and who are brought up to me for inspection at these parties.

I speak with real knowledge when I say how grateful are the girls in the Barlow Hostel to the Committee for all they do for them and for their children.

Again I have to thank the Staff for their loyalty and co-operation during the year.

After-Care. In conjunction with Miss Cadmore's work on After-care, Sister Noakes still takes a great interest in past patients and it will be seen from her figures given below, that many continue to visit the Hostels and to keep in touch with her.

	1928	1929 (9 mths.)	1930
Visits from Old Girls	213	236	261
Letters from Old Girls	281	208	255
Letters from Employers or Workers ...	207	119	233
Letters to Employers or Workers ...	269	178	238
Letters to Old Girls	177	119	179

Reports on Past Patients.

	No recent news.	Recent news.	Total.
Satisfactory	7	62	69
Married			37
Doubtful	2	9	11
Handed over to other Workers ...			67
Unsatisfactory	3	5	8
Lost sight of			47
Emigrated			3
Died			3
			245

Treasurer's Report. Attention must be drawn to the position of the Building Fund which at 31st December, was overdrawn to the extent of £1,340 14s. 2d. This deficiency has been financed partly through our Bankers to whom the sum of £190 14s. 2d. was then due, and as to the balance of £1,150 by the use of the General Fund monies. In order to establish something nearer to equilibrium it has been decided to set off £850 of this sum against Income and Expenditure Account. It should also be pointed out that during the course of the year the Hostel's indebtedness to the Bank reached as much as £1,321 1s. 2d., and it is only towards the end of the year when the Grant from the London County Council is received that the financial position is for the time being alleviated.

As regards the Income and Expenditure account, we are glad to report that last year's hope has been fulfilled, and that the Income for the first full year's maintenance of the two Hostels has exceeded Expenditure by £151.

Payments by patients and from Approved Societies have reached a higher total than in any previous year.

Very few of the girls from the Barlow Hostel go out to daily work as yet, and the contributions from them and the other inmates have only just exceeded the wages paid to those

who do the work of that house. It is hoped that more of them will soon find situations and that the income from this source may increase in future.

The total cost of each patient plus her baby, is £2 5s. 3d. per week, or excluding extraordinary expenditure £2 4s 0d.

The Committee have been encouraged by several new subscribers this year, and to them and to all who have given financial help they tender their gratitude.

Thanks: The Committee desire to thank the following, who have generously sent presents to the Hostel this year.

Clothing: The Hon. Mrs. Barlow, Miss Chapman, Miss d'Avigdor, Miss Frey, Queen Mary's Needlework Guild, Miss Pook, Miss Tingley, Mrs. Watson.

Furniture: Dr. Broman, Miss Grensted, Dr. Hare, Mrs. Henriques, Miss Scott Turner, Miss Voelcher, Miss Watson.

Garden Produce: Dr. Campbell—bulbs; Congregational Sunday School—fruit and flowers.

Books: British Red Cross Society, Mr. Dorrington.

Perambulators: The Hon. Mrs. Barlow, Mrs. Blanford, Mrs. Crewdson Day, Mrs. Larter, Mrs. Lewis.

Zoo Tickets: The Lady Emmott.

Christmas Presents: The Hon. Mrs. Barlow, Dr. Campbell, Miss d'Avigdor, The Lady Emmott, Dr. Gourlay, Dr. Hare, Mrs. Higgs, Mrs. Paterson, Miss Pook, Miss Raab, Dr. Rorke, Messrs. Gard, Toop, and United Dairies.

	Income-Tax Recovered.			Donations.			Subscriptions.		
	£	s.	d.	£	s.	d.	£	s.	d.
Hall, H. S., Esq.							5	0	0
Hare, Dr. Dorothy C., O.B.E. ...							10	0	0
Hare, Miss K. C.							10	0	0
Hardy, Hyslop & Co.				1	1	0			
Hindley, E. H. Esq.	5	0					6	6	0
Johnson, W. C., Esq.							1	1	0
Kekewich, Miss Hilda							10	6	
Kerr, Mrs. Mark							2	0	0
King, Dr. C. A.	5	3					1	1	0
Leach, Lady							1	1	0
Ionides, The Hon. Mrs.	10	6					2	2	0
Mackinnon, Mrs. Duncan				1	0	0			
Marker, Miss							3	3	0
McIlroy, Dame Louise, O.B.E. ...							2	0	0
Melville, Beresford, V., Esq. ...							2	2	0
Moro, Arthur R., Esq.							1	1	0
Morris, Dr. F. M., O.B.E.							1	1	0
Nathan, Sir Matthew, K.C.M.G. ...							1	0	0
Oldendorff, Miss E.				3	0	0			
Pemberton, Miss E. B.							10	0	
Penfold, Miss				3	3	0			
Phipson, H. M., Esq.							10	0	0
Plender, Lady (the late)							1	1	0
Prideaux & Webbey, Messrs. ...				44	0	0			
Pulteney, Dr. K.							2	2	0
Revelstoke, The Lord							5	0	0
Richardson, Mrs.							2	2	0
Rorke, Dr. Margaret	10	6					1	1	0
Royden, Miss E. M.							3	3	0
Salaman, Mrs. Meyer							1	1	0
Sanderson Clow, Dr.							2	2	0
Sebag-Montefiore, the Hon. Mrs. E.							2	2	0
Shaw, Mrs. Norman							2	0	0
Shaw, R. Norman, Esq.							8	0	0
Smith, the Lady Sybil							1	0	0
Spielman, Lady				1	1	0			
Thorne, Dr. May							3	0	0
Van den Bergh, Mrs.				1	1	0			
Vickers, Cecil, Esq.	10	6		2	2	0			
Waldy, Mrs.							1	0	0
Waley-Cohen, Lady	10	6					2	2	0
Welsh, Miss S. J. O'D.							2	2	0
	<u>£10</u>	<u>15</u>	<u>6</u>	<u>£112</u>	<u>19</u>	<u>0</u>	<u>£203</u>	<u>17</u>	<u>6</u>

HIGHBURY HOSTELS.

Subscriptions, 1930.

	£	s.	d.
Beevor, Mrs.	3	3	0
Blackburne, Miss G. M., Ireland ...		5	0
Browne, Miss A. B.	1	0	0
Brunner, Lucy, Lady	2	2	0
Bulloch, Miss Elizabeth	1	1	0
Campbell, Dr. A. R.	1	1	0
Chafy, Miss Ursula	1	0	0
Darwin, The Hon. Lady	1	0	0
Dawkins, The Lady Bertha	1	1	0
Emmott, The Lady	1	1	0
Goldsmid, Mrs. d'Avigdor	10	0	0
Hare, Dr. D. C.	5	0	0
Hare, Miss K. C.	10	0	0
Haynes, Miss Nona H.	2	2	0
Lewis, Mrs. M.	1	1	0
Lyall, Mrs. M.		2	6
Nicholetts, Mrs.	1	1	0
Orred, Miss A. K.	1	1	0
Pilcher, Giles T., Esq.	2	2	0
Rogers, Revd. Clement	2	2	0
Rorke, Dr. Margaret	1	1	0
St. Cyres, The Viscountess	2	2	0
Smith, Miss A. M.	1	0	0
Sydenham, The Lord and Lady ...	5	0	0
Wilson, Dr. Helen		10	0
Wilson, Mrs.	1	1	0
	<u>£57</u>	<u>19</u>	<u>6</u>

THE INCORPORATED HOSTELS associated

Dr. Balance Sheet.

	£	s.	d.	£	s.	d.
To SUNDRY CREDITORS—						
Regent's Park	187	4	10			
Highbury Quadrant	292	10	4			
				479	15	2
<i>Reserve for Repairs: Highbury Quadrant</i> ...				200	0	0
LOAN ON MORTGAGE OF LEASEHOLD PROPERTY, REGENT'S PARK				1000	0	0
SPECIAL FUNDS ON CAPITAL ACCOUNT:—						
<i>Regent's Park</i>						
For Building and Equipment as at 1st January, 1930	1452	8	9			
For General Purposes	500	16	8			
	1953	5	5			
<i>Highbury Quadrant</i> For Building and Equipment as at 1st January, 1930	3380	7	1			
Donations received during period	15	5	0			
	3,395	12	1			
Less Interest on Bank Loan	24	18	0			
	3370	14	1			
Endowment Fund as at 1st January, 1930	500	0	0			
	5823	19	6			
INCOME AND EXPENDITURE ACCOUNT:—						
<i>Regent's Park</i>						
Balance 1st January, 1930	302	13	5			
Add Excess of Income over Expenditure for period to date	8	9	10			
	311	3	3			
<i>Highbury Quadrant</i>						
Balance 1st January, 1930	715	12	7			
Add Excess of Income over Expenditure for period to date	151	7	7			
	867	0	2			
	1178	3	5			
Less Amount utilised to write down cost of Alterations, 20, Highbury Quadrant	850	0	0			
	328	3	5			
BANK OVERDRAFT ON BUILDING AND EQUIPMENT ACCOUNT:—						
<i>Highbury Quadrant</i>				190	14	2
INTERNAL LOAN:—						
Building Fund from General Fund				300	0	0
				£8322	12	3

To the Members of the Incorporated Hostels associated with
The Royal Free Hospital.

We have audited the above Balance Sheet and have obtained all the information and explanations we have required. The amount to the credit of the Income and Expenditure Account includes the balance on that account as at the date of the Incorporation of the Company, viz.:—27th day of February, 1926. Subject to the foregoing remark, the said Balance Sheet is, in our opinion, properly drawn up so as to show a correct view of the state of affairs of the Company, according to the best of our information and the explanations given us, and as shown by the books of the Company.

DATED THIS 26TH DAY OF FEBRUARY, 1931.

HARDY, HISLOP & CO., Chartered Accountants, } Auditors.
119, MOORGATE, LONDON, E.C.2

with THE ROYAL FREE HOSPITAL.

31st DECEMBER, 1930.

Cr.

	£	s.	d.	£	s.	d.
By CASH AT BANK:—						
Regent's Park General Account	338	8	1			
Current Account on Leasehold Sinking Fund Account	80	0	0			
				418	8	1
Highbury Quadrant				92	16	1
CASH IN HAND:—						
Regent's Park				30	0	0
Highbury Quadrant				30	17	7
INVESTMENTS AT COST:—						
<i>Regent's Park</i>						
£501 8s. 3d. War Stock 5% 1929/47	500	16	8			
(On General Purposes Account)						
700 National Savings Certificates (on Leasehold Sinking Fund A/c.)	560	0	0			
<i>Highbury Quadrant</i>						
£565 2s. 6d. Funding Stock 4% 1960/90				500	0	0
(on Endowment Fund Account)						
FREEHOLD PROPERTY AT COST:—						
<i>Highbury Quadrant</i>						
22, Highbury Quadrant, as at 1st January, 1930				651	16	7
20, Do. do.				2552	10	0
20, Do. (Alterations)	869	4	0			
Additions	49	10	6			
				918	14	6
Less Amount written off, see <i>contra</i>	850	0	0			
				68	14	6
LEASEHOLD PROPERTY AT COST:—						
62, Regent's Park, N.W.				2386	10	6
(subject to Mortgage as <i>per contra</i>) Deduct Provision by Sinking Fund for Amortisation of Lease				640	0	0
FURNITURE AND EQUIPMENT AT COST:—						
Regent's Park as at 1st January, 1930				65	18	3
Highbury Quadrant as at 1st January, 1930	573	16	8			
Additions for period to date	14	10	6			
SUNDRY DEBTORS AND PAYMENTS IN ADVANCE:—				588	7	2
Regent's Park				130	0	0
Highbury Quadrant				85	16	10
INTERNAL LOAN:—						
General Fund to Building Fund				215	16	10
				300	0	0
				£8322	12	3

1883 Fully Paid Shares of One Pound each of the Rembau Jelei Rubber Limited are held on behalf of the Hostels by a third party. The dividends declared thereon during the period under review have been included in the Income and Expenditure Account.

REGENT'S PARK
INCOME AND EXPENDITURE ACCOUNT,
INCOME.

	£	s.	d.
ANNUAL SUBSCRIPTIONS	214	2	6
DONATIONS	113	9	6
PROCEEDS OF "AMERICAN TEA"	162	14	2
DIVIDENDS AND INTEREST	72	0	11
PAYMENTS BY AND ON BEHALF OF PATIENTS	201	1	11
PAYMENTS BY APPROVED SOCIETIES	117	4	2
GRANT—LONDON COUNTY COUNCIL	700	0	0

£1580 13 2

HOSTEL.
FOR THE YEAR ENDED 31st DECEMBER, 1930.
EXPENDITURE.

	£	s.	d.	£	s.	d.
MAINTENANCE :—						
PROVISIONS :—						
Meat	61	19	2			
Fish, Poultry, etc.	13	19	2			
Butter, Bacon, etc.	45	14	8			
Eggs	12	7	9			
Milk	45	16	2			
Bread, Flour, etc.	25	1	10			
Grocery	71	5	8			
Vegetables and Fruit	46	13	1			
				322	17	6
SURGERY AND DISPENSARY :—						
Drugs, Chemicals, Disinfectants, etc.	6	9	3			
Dressings, Bandages, etc.	5	19	4			
Instruments and Appliances	4	0	9			
				16	9	4
RENEWALS AND REPAIRS :—						
Furniture	29	4	6			
Bedding and Linen	15	12	8			
Hardware, Brushes, etc.	26	1	5			
				70	18	7
FUEL AND LIGHTING :—						
Coal	27	17	1			
Gas	58	6	9			
Electric Current	18	17	4			
Oil, Wood, etc.	—	—	—			
				105	1	2
DOMESTIC :—						
Washing	58	9	11			
Cleaning and Chandlery	20	17	8			
Water	4	7	1			
Uniforms	11	0	0			
				94	14	8
ESTABLISHMENT :—						
Insurance	12	16	3			
Renewals and Repairs	167	6	3			
Garden	1	3	10			
				181	6	4
SALARIES AND WAGES				410	16	10
MISCELLANEOUS :—						
Printing and Stationery	18	0	1			
Postage	27	4	4			
Fares	32	13	5			
Education	10	15	7			
After-Care	54	16	10			
Advertisements	1	18	0			
				145	8	3
TOTAL COST OF MAINTENANCE				1347	12	8
AUDITORS' FEE				5	5	0
RENT				17	10	0
RATES AND TAXES				33	15	8
INTEREST ON MORTGAGE				55	0	0
LEASEHOLD SINKING FUND				80	0	0
HIGHBURY BOARD ETC.				33	0	0
				1572	3	4
BALANCE, BEING EXCESS OF INCOME OVER EXPENDITURE				8	9	10
				<u>£1580</u>	<u>13</u>	<u>2</u>

HIGHBURY QUADRANT
INCOME AND EXPENDITURE ACCOUNT,
INCOME.

	£	s.	d.	£	s.	d.
ANNUAL SUBSCRIPTIONS				57	19	6
DONATIONS				5	0	0
DIVIDENDS AND INTEREST				71	4	10
PAYMENTS BY AND ON BEHALF OF PATIENTS :—						
No. 22	286	5	5			
Outworkers No. 20	88	5	6			
Inworkers No. 20	159	16	0			
	534	6	11			
PAYMENTS BY APPROVED SOCIETIES				181	14	2
GRANT—LONDON COUNTY COUNCIL				2318	0	0
				£3168	5	5

HOSTEL.

FOR THE YEAR ENDED 31st DECEMBER, 1930.
EXPENDITURE.

	£	s.	d.	£	s.	d.
MAINTENANCE :—						
PROVISIONS :—						
Meat	142	2	11			
Fish, Poultry, etc.	63	16	1			
Butter, Bacon, etc.	133	2	1			
Eggs	29	6	11			
Milk	215	10	10			
Bread, Flour, etc.	84	12	9			
Grocery	121	6	7			
Vegetables and Fruit	97	8	7			
				887	6	9
SURGERY AND DISPENSARY :—						
Drugs, Chemicals, Disinfectants, etc.	21	12	8			
Dressings, Bandages, etc.	9	3	3			
Instruments and Appliances	4	19	5			
				35	15	4
RENEWALS AND REPAIRS :—						
Furniture	35	9	3			
Bedding and Linen	35	1	11			
Hardware, Brushes, etc.	27	17	11			
				98	9	1
FUEL AND LIGHTING :—						
Coal	109	12	8			
Gas	81	13	4			
Electric Current	45	9	1			
Oil, Wood, etc.	1	1	6			
				237	16	7
DOMESTIC :—						
Washing	24	18	7			
Cleaning and Chandlery	81	6	9			
Water	10	15	11			
Uniforms	8	9	2			
Sundries	1	17	6			
				127	7	11
ESTABLISHMENT :—						
Renewals and Repairs	175	2	8			
Garden	11	5	6			
				186	8	2
SALARIES AND WAGES :—						
General	922	8	3			
Domestic	244	4	2			
				1166	12	5
MISCELLANEOUS :—						
Printing and Stationery	16	4	1			
Postage	35	12	6			
Fares	35	2	4			
Education	16	2	1			
After-Care	73	11	6			
Entertainment	10	0	0			
				186	12	6
TOTAL COST OF MAINTENANCE				2926	8	9
AUDITORS' FEES				5	5	0
RATES AND TAXES				85	4	1
BALANCE, BEING EXCESS OF INCOME OVER EXPENDITURE				151	7	7
				£3168	5	5

HIGHBURY EXTENSION FUND,

RECEIPTS.						
£ s. d. £ s. d.						
Donations	2191 14 0
Sale of Handicrafts	7 10 7
						2199 4 7
Deposit Interest	8 11 8
Sale of £673 7s. 6d. 4% Funding Stock 1960/90	581 2 3
Transfer from No. 1 Current Account	1150 0 0
Overdraft at Lloyds Bank on 31/12/30	190 14 2
						£4129 12 8

31st December, 1930.

EXPENSES.						
£ s. d. £ s. d.						
Furniture	217 2 11
Linoleums	55 15 0
Drying-cupboard	27 0 0
Bedding and Linen	126 16 2
Hardware	44 17 10
Sundries	1 11 5
						473 3 4
Printing, Postages, and Miscellaneous	16 5 7
Legal Costs	69 5 0
Thomas Cole, etc., Alterations to 20, Highbury Quadrant	901 18 6
Architect's fees	49 10 6
						951 9 0
Purchase of 20, Highbury Quadrant	2552 10 0
Charges on Overdraft at Lloyds Bank	66 19 9
						£4129 12 8

RECEIVED

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31 AUG 1950

CHARITY COMMISSION