

362-864.5

The Royal Free Hostel for Women and Girls

24, Gloucester Road, Regent's Park, N.W.1.

Telephone : Hampstead, 7612.

(In connection with the Royal Free Hospital,
Gray's Inn Road, W.C.)

FIFTH

Annual Report, Accounts, and
List of Subscribers for 1923-24

363.
592
060
421
ROY

KEIGHLEY :

PRINTED BY WADSWORTH & CO., THE RYDAL PRESS.

Pamphlet

363:592060421 ROY

ROYAL FREE HOSTEL FOR WOMEN AND GIRLS.

GENERAL COMMITTEE:

Chairman:

SIR THOMAS BARLOW, Bart., K.C.V.O.

Vice-Chairman:

A. G. L. GAMLEN, Esq.

Miss Aldrich Blake, M.D., M.S.	Miss B. M. Davidson.
The Rt. Hon. the Earl of Ancaster.	The Lady Emmott.
F. R. S. Balfour, Esq.	*Dr. Dorothy C. Hare, C.B.E.
Lady Barrett, C.B.E., M.D.	Miss E. Lucy.
Miss H. M. Beale.	Dr. T. Shadick Higgins.
Miss Bulman.	Professor Louisa McIlroy, C.B.E., M.D.
*Mrs. Arthur Cane, C.B.E.	Arthur Moro, Esq.
Sir Francis Champneys, Bart., M.D.	Dr. A. G. Phear, C.B.
Lady Codrington.	*Dame Louise Gilbert Samuel, D.B.E.
Miss R. Cox-Davies, R.R.C.	*Miss A. M. Smith.
Professor Winifred Cullis, D.Sc.	Miss A. M. Sopper.
The Hon. Lady Darwin.	

Medical Officer V.D. Clinic.

*Dr. Margaret Rorke.

Honorary Treasurer:

*Reginald R. Garratt, Esq., Royal Free Hospital,
Grays Inn Road, W.C.

Honorary Secretary:

*Miss B. d'Avigdor, 6, Drayton Gardens, S.W.10.

**Denotes Executive Committee. In addition Miss Piggott,
M.D., is a co-opted member of the Executive Committee.*

Sister in Charge of the Hostel.

Miss E. M. Hall.

Bankers: Lloyds Bank, Ltd., Holborn Circus, E.C.

Auditors: Messrs. Hardy, Hislop and Co.

3800172178

ROYAL FREE HOSTEL

(Opened June, 1919).

OBJECTS.

The Royal Free Hostel is for the care of girls and women suffering from venereal diseases, in an infectious stage.

The patients are drawn chiefly from those attending the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received (*see Rules for admission*).

Most of the patients admitted to the Hostel are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are:—

1. Care in the Hostel, with treatment and isolation during the infectious period.
 2. After-care of those discharged from the Hostel.
1. The work is supplementary to that of the Hospital out-patient Clinic, as, at present no adequate provision is made either for isolation or maintenance of these infectious cases. The special daily treatment given at the Hostel, together with rest and good food, help to make Hospital treatment more effective, and to shorten the course of the disease.

The greater number of girls admitted are for the time unfit to earn their living; some are without homes or have been turned adrift, and might without assistance, be forced to take to the streets. In other cases, conditions make it impossible for the girl to stay at home, though the parents willingly contribute towards her expenses at the Hostel. Whatever the circumstances, these girls all need help to start them on the road to recovery.

2. The importance of After-care cannot be too strongly emphasized. Even in the most promising cases physical and mental recovery takes several months, and much help must be given if the individual is to become a useful citizen.

From the beginning the Hostel has been closely associated with the Royal Free Hospital, and, indeed, has been largely dependent on the co-operation of the Medical Officers, the Secretary, and the Almoners. Financially, however, it is an entirely independent undertaking.

REGULATIONS AND CONDITIONS FOR ADMISSION.

1. Cases are admitted by the Medical Officer of the Royal Free Hospital Venereal Diseases Clinic, who attends at the Hospital (Out-patients) on Mondays, Tuesdays and Thursdays, at 5 p.m., and on Fridays at 9-30 a.m.
2. Only patients suffering from Venereal Disease in an infectious stage are eligible for admission.
3. Medical practitioners who are desirous of securing the admission of a patient to the Hospital, are invited to refer the case to the Hospital Clinic with a note to the Medical Officer.
4. Patients from other hospital Clinics in the district are admitted and arrangements made for them to continue under the care of their own Medical Officer. Applications for vacancies should be made to the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1.
5. The most suitable cases for admission to the Hostel are young girls. Married women, professional prostitutes, or remand cases are not usually suitable. Cases of pregnancy are not admitted after the early months.
6. Patients are kept in the Hostel, if possible until their condition becomes non-infectious, and suitable arrangements have been made for their return to work, or to their families.
7. No patient is refused on grounds of inability to pay, but the circumstances of patients are enquired into by the Almoner of the Royal Free Hospital. They are required to contribute towards the cost of their maintenance if in a position to do so.

Further information regarding the Hostel may be obtained on application to the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1., or to the Hon. Sec., 6, Drayton Gardens, S.W.10.

REPORT

for Year ended 31st March, 1924.

Since April 1st, 1923, 59 patients have stayed at the Hostel; this number includes the 9 patients in residence on March 31st, 1924. The average time spent at the Hostel has been 58.5 days.

Owing to the continuous demand for beds it was not possible to close the hostel during the twelve months. The aggregate number of days in residence has been greater than in any other year, namely 3455, an increase of 649 on last year's total. This increase is partly accounted for by the greater number of applications from hospitals other than the Royal Free Hospital. The Elizabeth Garrett Anderson and King's College Hospitals have sent eight and six patients respectively, who have attended the Clinics attached to these Hospitals; and, owing to the close co-operation between the Almoners and the Sister-in-Charge a regular supply of patients from these sources is anticipated in future. There have been fourteen re-admissions of patients, a larger number than in previous years, but only two of these were re-admitted on account of relapse. Of the remainder, some have had to go into hospital for minor operations, others had been sent away for convalescent treatment, and returned before being placed, others again were admitted for a few days while looking for a situation.

The medical treatments given at the Hostel numbered 1869. These treatments have gradually become more varied in character and more intricate in detail and occupy almost the whole time of one member of the staff

Administration. The expansion in the activities of the Hostel shown above has necessitated adding another worker to the staff. The nursing and administrative duties are now shared by the Sister-in-Charge.

(Miss Hall) and the Assistant-matron, and other routine duties are assigned to the House-matron and Kitchen-matron thus leaving Miss Hall more time for After-Care. It was difficult to provide extra accommodation, but a ground floor room was divided into cubicle bedrooms to meet the need. The conditions are far from ideal, and the thanks of the Committee are due to the staff for their zeal, loyalty and ready acquiescence in these arrangements.

Premises. After careful deliberation the Committee have come to the conclusion that the present house is no longer suitable. The chief reasons are as follows:

- (1) The staff is inadequately accommodated. There is no staff bathroom and the cubicle bedrooms are not satisfactory.
- (2) There is a continued demand for more beds. The staff of four could easily deal with three or four more patients. This would result in comparatively more economical working and a greater return for the expenditure involved.
- (3) The increase in After-care gives rise to the need for an office where Old Girls can be interviewed, and for a club-room, where they can spend the evening apart from the present inmates.
- (4) During the last year local traffic has greatly developed, owing to the opening of a new goods station in the neighbourhood. The noise early and late of lorries on one side of the house and trains on the other is most disturbing to patients and staff. Moreover the vibration necessitates frequent repairs to ceilings and plaster.

The committee have therefore decided to search for a larger house, which it is intended shall accommodate 14 or 15 patients instead of ten, and are hoping to raise by special gifts a large part of the capital which will be required. It is pleasing to record that the Old Girls have started a collection to which £25 has already been given by 51 contributors.

The increased costs of maintenance will, it is calculated amount to about £450 per annum; the Ministry of Health have agreed to consider making a larger annual grant, when a definite scheme can be laid before them.

Medical Report.

from Dr. Margaret Rorke, Medical Officer in charge of the Female V.D. Clinic, Royal Free Hospital.

“The Hostel has been kept full almost continuously, mainly, of course with patients attending the Royal Free Hospital V.D. Out-patients Clinic, or referred there, but also cases from King’s College and the Elizabeth Garrett Anderson Hospitals have been admitted.

A considerable number were double infections (gonorrhoea and syphilis) and these necessitated a long spell of treatment. One or two very acute cases were given in-patient treatment in the Isolation ward of the Royal Free Hospital, and were then referred back to the Hostel for continued treatment.

The actual treatment results have this year been more encouraging and satisfactory than ever before: a high level of skill in treatment has been reached by Miss Hall and the Nurse working under her, and the improvement noted in the patients’ condition after only a short time in the Hostel is most pleasing.”

(Signed) MARGARET RORKE.

Education. It has been mentioned in previous reports that the mental and moral education of the girls at the Hostel is carried out on broad lines, and is adapted to the needs of each individual. The instruction begun in the Home is carried on after the girls leave, whenever possible. This year a greater eagerness to enquire, and a stronger desire to learn has been noticed among a certain number. These tendencies are encouraging, and under wise direction will, it is hoped lead to the formation of sound principles and character.

After-Care. After-care continues to be a very important part of the work done through the Hostel, both for the physical and moral welfare of the patients; and, as the following figures will show, must needs take up the major portion of Miss Hall’s time.

	1923-24	1922-23	1921-22
Letters received from Old Girls..	342	186	246
Letters written to Old Girls ..	317	247	335
Visits from Old Girls	496	311	516
Visits paid to Old Girls	33	71	70
Letters from employers or workers	354	284	381
Letters to employers or workers..	522	393	485
Visits from employers or workers	185	195	196
Visits to employers or workers..	38	(no records kept).	

Many of the Old Girls may now be considered established. Several are receiving training in the nursing profession, and another is hoping to become a teacher. These are now so fully engrossed by their useful careers that their early difficulties are almost forgotten. Of six sent to Train-

ing Homes within the last two years, five are doing remarkably well; the sixth is at present restless and cannot be considered altogether satisfactory.

Some, who having been discharged from Hospital had not been seen for some time, have re-appeared as happily married women proudly bringing healthy babies to be admired.

A certain proportion will, of course always disappear or return to their former mode of life. But even some of these come back, and where it appears advisable are given a further chance, either at the Hostel or at some other suitable home.

It cannot be said of this year's Old Girls that they have been of stronger character or better morals than in previous years, but the outlook is encouraging, since they have been more anxious to educate themselves, readier to do hard work, and more alive to the consequences of their actions than in the past.

THOMAS BARLOW,
Chairman, General Committee.

FINANCE.

Treasurer's Report. The trustees of the Women's Training Colony have this year made a final and most generous allocation of the funds at their disposal and granted £400 to the Hostel. They expressed a wish that this sum should be treated as a reserve fund. Sir Thomas Barlow has also generously made a donation of £100, which he desired should be treated in the same way. The Committee are most grateful for these splendid gifts which have been invested as desired. The Reserve Fund is now represented by an investment of £951 8s. 3d. 5% War Stock at a cost of £955.

Ordinary subscriptions and donations have been maintained at about the same level as in previous years. The marked increase shown in the item "patients payments" is due to the fact that certain Approved Societies are including the Hostel in the scheme for Additional Benefits, and have made payments on behalf of their members who have been treated as patients in the Hostel.

The addition of another resident worker and the greater number of "patient days" this year has involved an increase in expenditure of about £160. The Hostel continues to be economically administered and it should be noted that the maintenance for an average of 14 persons works out at under 10s. a week for each person resident at the Hostel.

Thanks. The Committee desire to thank all subscribers and donors for their generosity in contributing to the funds, and the following for their help at the hostel, or for gifts in kind:

Miss K. C. Hare—Gardening.

The Misses Lee and Miss Benham—Taking "Club" evenings.

Miss Clark—Tickets for an entertainment.

Miss Wooley—Theatre tickets.

Mrs. and Miss H. M. Beale—Constant supply of flowers eggs, etc.

Miss Elise Hall—Sheets and jig-saw puzzles.

Mrs. J. Richardson—Mincemeat.

Miss Blake, Miss Bicker Cartan, Miss Alice Hall, Dr. Hare, Miss Gadsby, Miss Welsh—Clothing.

Christmas presents were received from: Mrs. and Miss H. M. Beale, Miss D. Christian, Miss d'Avigdor, Miss Gadsby, Miss E. Gibbs, Dr. Hare, Dr. Rorke, Miss E. Schuster, and the tradesmen, Messrs. Griffiths, Harrison, Joyce and Perry.

LATEST REPORTS ON OLD GIRLS.

	Period from opening of Hostel, 1919, to March 31st, 1923		12 months from April 1st, 1923, to March 31st, 1924.	Total for whole period since Hostel was opened.
	Number of Girls.		Number of Girls.	
Satisfactory	81	20	101	
Fair or doubtful	16	15	31	
Married	16	1	17	
Lost sight of (probably temporarily)	32	7	39	
Unsatisfactory	27	6	33	
Mentally deficient—(a) Certified	4	—	—	
(b) uncertified but under care	1	1	6	
	177	50	227	

OCCUPATIONS AND AFTER-HISTORY OF PATIENTS ADMITTED DURING THE YEAR ENDED MARCH 31st, 1924.

OCCUPATIONS BEFORE ADMISSION :

Domestics	33
Waitresses	3
Clerks	2
Hospital nurses	3
Factory and business	8
Governess	2
Laundress	1
Living at home	3
Prostitutes	4

59

AFTER-HISTORY :

Returned to work	27
Sent to Training Homes	3
Sent to Maternity and other homes	7
Died	1
Lost sight of	2
Living at Home	6
Returned to Prostitution	4
In Hostel.. .. .	9

59

LIST OF SUBSCRIBERS AND DONORS FOR YEAR ENDED
MARCH 31st, 1924.

	Donations.			Subscriptions.		
	£	s.	d.	£	s.	d.
Abbott, Miss F. E.				10	0	0
Aldrich, Blake, Miss				2	0	0
Ancaster, The Rt. Hon. the Earl of				10	0	0
Balfour, F. R. S., Esq.				5	0	0
Baring, the Hon. Cecil				5	0	0
Barlow, Sir Thomas, Bt., K.C.V.O.	100	0	0			
Barrett, Lady, C.B.E., M.D.				1	1	0
Beale, Miss H. M.				5	0	0
Beale, Mrs. James				2	2	0
Beale, Miss M. S.				3	3	0
Beddington, Gerald E., Esq.				10	0	0
Bevan, Miss Hilary				0	10	0
Beddington, Miss W.				1	1	0
Bisset, Rev. M. E., M.B.E.				1	1	0
Blake, Miss M. L.				1	0	0
Bright, Philip, Esq.				2	2	0
Briscoe, Lady				1	1	0
Cane, Mrs. Arthur, C.B.E.				1	1	0
Champneys, Sir Francis, Bt. M.D. (1923)	5	0	0			
" " " " (1924)	10	0	0			
Cholmondeley, Marchioness of	1	0	0			
Clapcott, Mrs. C. B.				1	1	0
Clow, Dr. A. Sanderson				2	2	0
Codrington, Lady				2	2	0
Courtauld, Miss M. R.				1	0	0
Darwin, Major Leonard				3	3	0
d'Avigdor, Miss B.				7	7	0
d'Avigdor, Goldsmid, O. E., Esq.				3	3	0
Deacon, J. F. W., Esq.				5	0	0
Debenham, Ernest, Esq.				5	0	0
Dodgson, Mrs. Campbell	25	0	0			
Emmott, The Lady				1	1	0
Ferens, the Rt. Honble. T. R.				2	2	0
Fitzpatrick, Mrs.				1	1	0
Gamlen, A. G. L., Esq.				2	2	0
Garrett Anderson, Dr. Louisa				2	2	0
Gaskell, Miss W. E.				1	0	0
Gaskell, Miss N.				1	1	0
Goldschmidt, Mrs. H. F.				2	2	0
Goldsmid, Miss E.	2	2	0			
Greene, Dr. H.	1	1	0			
Hackney Cinema	100	0	0			
Hanson, Dr. H. B.				0	10	6
Hare, Dr. D. C., C.B.E.				10	0	0
Hare, Miss K. C.				10	0	0
Hare, Mrs. R. H.				1	1	0
Iredell, Dr. E.	1	0	0			
Kekewich, Miss H.				0	10	6
King, Dr. C. A.				1	1	0
Ladenburg, Mrs.	1	0	0			
Langton, Alfred, Esq.				10	0	0
Layland, Barratt, Sir Francis, Bt.				5	5	0
Leach, Lady				1	1	0

	Donations.			Subscriptions.		
	£	s.	d.	£	s.	d.
Levy, Mrs. Goodman	1	1	0			
Levy, Hon. Mrs. Walter				3	3	0
Lightstone, Mrs. Herbert				2	2	0
Lowry, Dr. H. B.				1	0	0
Mackinnon, Mrs. Duncan				3	3	0
McIroy, Professor Louisa, C.B.E.	1	1	0			
Marker, Miss M.				1	1	0
Mayer, Mrs. Albert				0	10	6
Mellor, Miss J. V. (2 years)				6	0	0
Melville, Beresford V., Esq.				2	2	0
Moon, Mrs. Edward				1	1	0
Moro, Arthur, Esq.	1	1	0			
Morris, Dr. F. M., C.B.E.	1	1	0			
Mostyn, Captain S.				1	1	0
Muir, Mackenzie, Miss E.				10	0	0
Nathan, Lady	0	10	0			
Nathan, Mrs. G. E.				1	1	0
Nathan, the Rt. Hon. Sir Matthew, K.C.M.G.				1	0	0
Penfold, Miss				1	0	0
Phear, Dr. A. G., C.B.	3	0	0			
Phipson, Herbert, Esq.				10	0	0
Plender, Lady				1	1	0
Rennell, the Honble. Mrs.				2	2	0
Richardson, Mrs. S. G., M.D.				2	2	0
Richardson, Mrs. J.	0	10	0			
Royden, Miss E. M.	2	2	0	3	3	0
Rorke, Dr. Margaret				1	1	0
Russell, Mrs. Charles				1	1	0
Salaman, Mrs. M.				1	1	0
Samuel, Dame Louise Gilbert				1	1	0
Samuel, the Hon. Mrs. Walter				10	0	0
Schuster, Miss E.	4	0	0			
Sebag, Montefiore, the Hon. Mrs. R.				2	2	0
Sellar, Mrs. Craig	5	5	0	3	3	0
Shaw, Mrs. Norman				1	0	0
Shaw, Robert, Esq.				8	0	0
Sheppard, Mrs. G. F.				1	1	0
Simeon, Ella Lady, (1923)	2	0	0			
" " " " (1924)	2	0	0			
Spielman, Mrs. M.				1	1	0
Steen, Miss A.	0	10	0			
Stoney, Dr. O. B. E.				0	10	6
Taylor, Miss A. W. (2 years)				2	0	0
Thorne, Dr. May				3	0	0
Turnbull, Dr. J. H., C.B.E.				1	1	0
Valpy, Mrs.	2	2	0			
Van Den Bergh, Mrs. Donald	1	1	0			
Vickers, Cecil, Esq.	2	2	0			
Waley, Cohen, Mrs. J.				1	1	0
Waley, Cohen, Lady				2	2	0
Waldy, Miss V.				1	0	0
Welsh, Miss S. I.	0	10	0			
Wigram, Miss				1	1	0
Women's Training Colony (The Trustees of)	400	0	0			
	£675	19	0	£237	19	0

ROYAL FREE
Income and Expenditure Account

RECEIPTS.			
	£ s. d.	£ s. d.	£ s. d.
To Annual Subscriptions	237 19 0		
„ Donations	175 19 0		
„ Special Donations for Reserve Fund	500 0 0		
		913 18 0	
„ Dividends	16 5 2		
„ Interest on Deposit Account ..	3 1 11		
		19 7 1	
„ Patients' Payments:— From and on behalf of patients	128 3 3		
From Approved Societies ..	113 10 0		
„ Ministry of Health Grants ..	400 0 0		
		641 13 3	
			1574 18 4

Total .. £1574 18 4

HOSTEL.
for year ending 31st March, 1924,

EXPENDITURE.			
	£ s. d.	£ s. d.	£ s. d.
Provisions—			
Meat	76 13 4		
Fish, Poultry, etc.	25 19 4		
Butter, bacon, etc.	6 15 10		
Milk	83 9 2		
Bread, flour, etc... ..	25 0 8		
Grocery	98 13 1		
Vegetables and Fruit	36 11 9		
		353 3 4	
Surgery and Dispensary—			
Drugs, chemicals, etc.	3 2 0		
Dressings, Bandages, etc. ..	2 0 6		
Instruments and appliances ..	2 8 4		
		7 10 10	
Domestic—			
Renewal and repair of Furniture	36 14 0		
Renewal and repair of Bedding and Linen	11 13 6		
Renewal and repair of Hardware Brushes, etc.	13 15 5		
Washing	36 18 2		
Cleaning and Chandlery.. ..	10 6 7		
Water	3 3 0		
Fuel and Lighting—			
(a) Coal	27 14 6		
(b) Gas	66 3 11		
Uniforms	4 10 5		
Sundries: Fares, Education, After-Care	36 18 5		
		247 17 11	
Establishment—			
Insurance	2 8 10		
Renewals and repairs	47 15 9		
		50 4 7	
Salaries, Wages, etc.:—			
Medical	1 1 0		
Staff salaries	282 3 10		
Domestic servants	19 4 3		
Scrubbers	21 18 10		
		324 7 11	
Miscellaneous—			
Printing and Stationery.. ..	14 19 9		
Postages	23 2 0		
Advertisements	0 19 2		
		39 0 11	
Rent, Rates and Taxes—			
Rent	70 0 0		
Rates and Taxes	24 10 0		
		94 10 0	
Total Expenditure		1116 15 6	
Balance, being excess of Total Re- ceipts over Total Expenditure for the year			1116 15 6
			458 2 10
			<u>£1574 18 4</u>

ROYAL FREE HOSTEL.

Balance Sheet, 31st March, 1924.

Dr.	£ s. d.	£ s. d.	Cr.	£ s. d.	£ s. d.
To RESERVE FUND—			By Cash at Lloyd's Bank, Deposit A/c	200 0 0	
Balance 1st April, 1923	456 10 4		<i>Less</i> Current A/c overdrawn ..	39 3 3	
<i>Less</i> Loss on redemption of National War Bonds	1 10 4				160 16 9
	455 0 0		Cash in hands of Treasurer and Matron		20 10 1
Added from Receipts and Expenditure A/c... ..	500 0 0		Investment at Cost. £951 8s. 3d. War Stock 5% 1929/27		955 0 0
	955 0 0				
RECEIPTS & EXPENDITURE A/c.—					
Balance, 1st April, 1923	223 4 0				
Add—					
Excess of Receipts over Expenditure for the year ended 31st Mar. 1924	458 2 10				
	681 6 10				
<i>Less</i> Transfer to Reserve Fund ..	500 0 0				
	181 6 10				
	<u>£1136 6 10</u>				<u>£1136 6 10</u>

The value of the furniture and equipment at 24, Gloucester Road, is not included in the above Balance Sheet, the cost having been provided out of income.

We have audited the above Balance Sheet and certify that in our opinion it is properly drawn up so as to shew a correct view of the state of affairs at the Hostel.

HARDY, HISLOP, & Co.,
Chartered Accountants,
119, Moorgate, E.C.2.

DATED THIS 31ST DAY OF MAY, 1924.

