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THE
INCORPORATED HOSTELS

ASSOCIATED WITH THE ROYAL FREE HOSPITAL



Twenty-first
Annual Report,
Accounts
and
List of Subscribers
for 1939.



HIGHBURY QUADRANT HOSTEL

20 & 22, Highbury Quadrant, N.5.

Telephone - Canonbury 1980.

363.
592
060
421
ROY

Pamphlet

INCORPORATED HOSTELS.

Committee of the Association.

Chairman—Sir Thomas Barlow, Bart., K.C.V.O

Vice-Chairman—A. G. L. Gamlen, Esq.

Hon. Secretary—Dr. A. L. Winner.

Assist. Hon. Sec.—Miss D. Hunt.

F. R. S. Balfour, Esq.	Miss Hart.
The Hon. Mrs. N. Barlow.	Julian Q. Henriques, Esq.
Neild Barlow, Esq.	Mrs. Julian Q. Henriques.
Miss H. M. Beale.	Miss D. Hunt.
Harold Bright, Esq.	Mrs. Mark Kerr.
Dr. Anna Broman.	Miss McEwan.
Dr. Anne Campbell.	Miss Moller.
Miss Cockayne.	Miss A. Orred.
Miss d'Avigdor.	Mrs. Arnold Paterson.
Miss Elliot.	Dr. Margaret Rorke.
The Lady Emmott.	Miss E. M. Royden.
R. R. Garratt, Esq.	Mrs. Geoffrey Tritton.
Dr. Dorothy Hare, C.B.E. F.R.C.P.	

General Treasurer : R. T. Bartley, Esq.,

Executive Committee.

Chairman : Miss B. d'Avigdor.

The Lady Emmott.	Miss Hart.
Miss Elliot.	Miss D. Hunt.
R. R. Garratt, Esq.	Dr. Margaret Rorke.
Dr. D. C. Hare.	Dr. Shaw.
Dr. A. Winner	Dr. Anne Campbell,
The Hon. Mrs. N. Barlow,	<i>Visiting Medical Officer.</i>
<i>Hon. Treasurer,</i>	
4, Gloucester Walk, W.8.	

Sister-in-Charge : Miss K. E. Noakes.

Bankers :

Messrs. Lloyd's Bank, Ltd., Kensington High Street, W.8.

Hon. Auditor : Miss Bisset, London School of Medicine for Women.
8. Hunter Street, W.C.1.

363-592060421 ROY

INCORPORATED HOSTELS.

AIMS.

The Incorporated Hostels are for the care of girls and women suffering from venereal diseases in an infective stage.

The patients are drawn chiefly from the Royal Free Hospital V.D. Clinic, and are selected by the Medical Officer to the Clinic; but cases from any part of London or the country may be received. (See conditions for admission.)

Most of the patients admitted to the Hostels are treated as out-patients at the Royal Free Hospital.

The aims of the Committee are :

1. Care and medical treatment of women suffering from venereal disease.
2. After-care of these patients when discharged from the Hostels, and medical supervision of the children.

The work is supplementary to that of the Hospital out-patients' clinic. The special daily treatment given at the Hostels, together with rest and good food, help to make hospital treatment more effective, and to shorten the course of the disease.

The greater number of those admitted are wage-earners, such as waitresses, domestic servants, factory workers, or clerks. They are, for the time being, unfit to earn their living, though not ill enough to require a bed in Hospital. Their infectious condition is a danger to others whether at home or in lodgings, and the Hostels provide the special accommodation needed. Whatever the circumstances, these girls all need help to start them on the road to recovery.

The Hostels are conducted on undenominational lines, but during their stay every effort is made to help patients to moral as well as to physical recovery, and to train them in the care of their children.

After-care is an integral part of the scheme, and great importance is attached to keeping in touch with patients over a considerable period of time. The keeping of records of the health and physical development of the children for some years forms an addition to the medical work carried on whilst they are inmates of the Hostel.

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CONDITIONS FOR ADMISSION.

Cases are admitted by the Medical Officer of the Royal Free Hospital (Venereal Diseases) Marlborough Clinic, who attends at the Hospital (Out-patients) daily from 10 a.m. to 7.30 p.m., and on Saturdays from 10 a.m. to 4 p.m.

Only young women suffering from venereal disease in an infectious stage are eligible for admission.

Applications for the admission of suitable cases are cordially invited from doctors and social workers.

All requests should be made to the Medical Officer of the Marlborough Clinic, or to the Almoner, Royal Free Hospital. A medical certificate and full social history should be forwarded in the first instance, if the patient cannot attend the Clinic.

The object of the Hostels is to provide treatment and after-care for girls who really desire a fresh start.

No patient is refused for lack of means, but patients are asked to contribute towards their maintenance, if able to do so.

Further information regarding the hostels may be obtained from the Almoner, Royal Free Hospital, Gray's Inn Road, W.C.1, or from the Hon. Secretary, Dr. A. L. Winner, 41, Devonshire Street, Portland Place, W.1.

HIGHBURY HOSTEL.

Premises. The Committee continued, throughout the first months of 1930, the search for houses to replace Nos. 20 and 22, Highbury Quadrant, when compulsory purchase by the L.C.C. should take place. As late as August the Committee were negotiating for a house in Highbury New Park, but ceased taking action when War seemed inevitable.

It is unfortunate, however, that the Highbury Committee had been obliged to incur very heavy expenses for architects' fees, inspections of houses, detailed plans for submission to the various Committees of the County Council and so forth, over a period of

REPORT FOR 1939.

For the sake of economy, this year's report is being made exceedingly brief: it is hoped readers will accept a bare outline of Hostel events in 1939.

REGENTS PARK HOSTEL.

By the end of 1938 it had been agreed that this Hostel was not being made full use of and should be closed. Early in March, the Committee were approached by the Chairman and Secretary of the London Police Court Mission, who were looking for a house suitable for a Home for girls on Probation suffering from venereal diseases. The Committee were happy to enter into negotiations with the London Police Court Mission for the transfer of 62, Regents Park Road, and were glad to think that the house which had been taken and equipped for a special purpose should continue to be used for this purpose. In view of the fact that there were only nine years left of the lease of 62, Regents Park Road, and that there might ultimately be heavy dilapidations to meet at the end of the lease, the Committee accepted the offer from the Police Court Mission of £450 for the house and contents, as they stood. It was taken over on May 1st, Miss McDowall, Warden, and Miss Kempley, Nursing Sister, agreeing to continue their work under the Police Court Mission. So has ended the "experiment" begun by Dr. Dorothy Hare, in 1919, for a period of two years, in a house in Gloucester Road, Regents Park. During its twenty years existence, the Hostel has been under the guidance of five Heads, Miss Hall for 8 years, Mrs. Bolton 4½ years, Miss Mitchell 3 years, Miss Kempley and Miss McDowall 2 years each. Their enthusiasm and devotion to duty have enabled the Committee to carry on a difficult task, and the influence on the young people under their care has been, for the most part, lasting and strong.

HIGHBURY HOSTEL.

Premises. The Committee continued, throughout the first months of 1939, the search for houses to replace Nos. 20 and 22, Highbury Quadrant, when compulsory purchase by the L.C.C. should take place. As late as August, the Committee were negotiating for a house in Highbury New Park, but ceased taking action when War seemed inevitable.

It is unfortunate, however, that the Highbury Committee had been obliged to incur very heavy expenses for architects' fees, inspections of houses, detailed plans for submission to the various Committees of the County Council and so forth, over a period of

more than 18 months. It had been understood, of course, that these Fees would be paid by the L.C.C. At the present time a claim for their settlement has been made to the Council and the matter is under their consideration.

Patients. The number of Adult Patient days for the year is 6,109, and the number of Baby patient days 3,293, about 80 per cent. and 60 per cent. of the normal occupation. This decrease is chiefly accounted for by the violent interruption of ordinary work caused by the War. In the summer the precaution had already been taken to register a certain number of mothers and babies with the local Authority for evacuation, and the Committee had prepared a small A.R.P. room in the basement.

When war broke out, 10 mothers with their babies were evacuated under the Government scheme to Bedfordshire, and many of these are still there. This left in the Hostel a few mothers and babies who were not fit to go away. The number was quickly increased by similar cases sent from other London Hostels, all of which closed. The Committee were proud to be able to accommodate these patients, but the unexpectedly large influx entailed additional A.R.P. arrangements. The Messroom in No. 22 was underpinned and sandbagged, 2 beds were installed there, and a Labour room got ready, in case of emergency.

After a month or two, when conditions settled down, it was agreed that babies should not be kept in London longer than absolutely necessary, and that the Barlow Wing should be closed. Miss Hodkin who had done admirable work as Warden for the last five years, had already been offered another post, and the two young Probationer Nurses were sent to their own homes. No. 22 Highbury Quadrant is now used for the majority of the patients. When necessary a dormitory or two is opened in No. 20, and some members of the Staff sleep there. Full use has been made of the Toddlers Nursery, by turning it into a recreation room, and the Staff have willingly adapted themselves to changed conditions, and even to different work.

Finance. The income and expenditure accounts for 1939 cannot be compared with any other year, owing to the War and the closing of Regents Park Hostel.

£125 had to be expended on A.R.P. shelters and blinds, etc. Further, practically the whole of the After-care expenses were defrayed by Highbury Hostel this year. On the other hand, domestic salaries were reduced after the evacuation.

The Committee is greatly indebted to a large number of the subscribers to Regents Park Hostel, who have generously agreed to transfer their subscriptions to Highbury Hostel, also to the Trustees of Smith's Charities for a gift of £250.

Thanks. The Committee also wish to express their warm thanks to those who have sent gifts to the Hostel, and hope they will understand that, owing to paper shortage, a detailed list cannot be published this year.

Occupations of Patients Admitted, 1939.

Domestic Servants	22
Factory Hands	7
Waitresses	5
Telephonists	2
Barmaids	2
Living at home	2
W.A.A.F.	1
Nurse	1
Nursemaid	1
Shop assistant	1
Show girl	1
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	45
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Disposal of Patients on Discharge.

Evacuated with babies	10
Went to live with friends	12
Placed in situations	10
Returned to their own homes	10
To a Home with child	1
Transferred to other institutions	2
Discharged themselves	4
<hr/>	
	49
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Disposal of Babies.

Evacuated with mothers	10
Went to live with friends of mother	12
Fostered	1
To a situation with mother	1
To a Home with mother	1
To Streatham Babies Hospital	1
<hr/>	
	26
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After-Care. Miss Cashmore, After-care worker, has carried on with unflinching patience and understanding her exacting duties, throughout the year. They include regular visits to the children who are with foster-mothers, the settlement of Old Girls in new posts, advice to them on every possible subject, and a patient search, often wonderfully successful, for such as have absconded or disappeared. Up to the outbreak of War she held a weekly Club, for a certain number who cannot join ordinary Girls' Clubs. Her work entails an immense correspondence, and close touch with other social workers and all available social services. The statistics of "live cases," i.e. those requiring her care and interest this year, are given below :

Records for 1939.

Girls.

Doing well	84
Married	6
No recent news	10
Transferred to other Workers	7
Out of touch for the time	4
Unsatisfactory	8
<hr/>	
	119
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Children.

With foster mothers	30
Adopted	2
Transferred to Homes	3
Evacuated	12
Living with mothers in posts	7
Living with married mothers	6
<hr/>	
	60
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LIST OF SUBSCRIBERS, 1939.

HIGHBURY AND REGENT'S PARK.

	Subscriptions.	Income Tax Refund.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Balfour, F. R. S., Esq.	5 0 0		
Barlow, Miss H. A. D.	2 2 0	15 11	
Barlow, Sir Thomas, Bt., K.C.V.O.	5 0 0		
Barnett, G. A., Esq.	1 0 0		
Beale, Miss H. M.	3 3 0	1 13 11	
Beale, Miss M. S.	3 3 0		
Beddington, Miss W. G.	2 2 0		
Beddington, G. E., Esq.	10 0 0		
Bevan, Miss H. I.	1 1 0		
Bright, Philip, Esq.	3 12 6	1 19 0	
Brunner, Lucy, Lady	2 2 0	15 11	
Campbell, Dr. A. R.	1 1 0	7 11	
C., E. H. de K. (in memory of)	1 1 0		
Chafy, Miss U.	1 0 0	7 7	
Chick, Dr. H.	2 0 0		
Chick, Miss M. (Dec.)	2 0 0		
Clapcott, Mrs. C. B.	1 0 0	10 9	
Courtauld, Miss M. R.	2 2 0	1 2 8	
Darwin, Major L.	3 3 0		
Darwin, Miss R. F.	2 0 0		
Darwin, The Honble. Lady	4 0 0		
d'Avigdor-Goldsmid, Lady	10 0 0		
d'Avigdor-Goldsmid, Sir O. E., Bt.	3 3 0	1 13 11	
Deacon, J. F. W., Esq.	5 0 0		
Emmott, The Lady	1 1 0		
Emmott, Mrs. W. R.	10 0		
Gamlen, A. G. L., Esq.	4 0 0		
Garratt, R. R., Esq.	1 1 0	7 11	
Gaskell, Miss W.	1 0 0		
Goldschmidt, Mrs. H. F.	4 4 0	1 2 8	
Greene, Dr. Helen	1 0 0		
Hare, Miss D. C., C.B.E., F.R.C.P.	4 0 0	1 16 8	
Hare, Miss K. C.	15 0 0	5 13 9	
Henriques, Mrs. J. Q.	1 1 0		
Carried forward	108 12 6	18 8 7	

	Subscriptions.	Income Tax Refund.	Donations.
	£ s. d.	£ s. d.	£ s. d.
Brought forward	108 12 6	18 8 7	
Hunt, Miss D. E.	1 1 0		
Ionides, The Honble. Mrs.	1 1 0		
Jewell-Thomas, Mrs.	1 1 0		
Johnson, W. C., Esq.	1 1 0		
Kekewich, Miss H.	10 6		
Kerr, Mrs. Mark	1 1 0		
Lewis, Miss			1 0 0
Lister, The Misses	3 3 0		
McEwan, Miss M.	1 1 0		
Marker, Miss M.	2 2 0		
Moller, Miss N.	5 0		
Morris, Dr. F. M., O.B.E.	1 1 0	11 4	
Nettlefold, Mrs.	2 2 0	11 4	
Orred, Miss A. K.	1 1 0	17 11	
Page, Miss P. M.	5 0		
Pemberton, Miss E. B.	5 0		
Pulteney, Dr. Isabel	1 1 0		
Richardson, Mrs. S. M. V.	2 2 0		
Rogers, Rev. C. F.	2 2 0		
Rorke, Dr. M.	10 6		
Royden, Miss E. M.	3 3 0	1 13 11	3 3 0
Salmon, Mrs. Harry	10 6		
Sanderson-Clow, Dr. A.	2 2 0		
Sebag-Montefiore, The Honble. Mrs.	2 2 0		
Shaw, Robert N., Esq.	8 0 0		
Smith, Miss A. M.	1 0 0		
Spielman, Lady			10 0
Sydenham, The Lady	2 0 0	1 1 6	
Thorne, Dr. May	3 0 0	1 2 9	
Tritton, Mrs. Geoffrey	3 0 0	1 2 9	
Valpy, Mrs.	2 2 0		
Vickers, H. C., Esq.	2 2 0	15 11	
Waldy, Miss	1 0 0		
Welsh, Miss J. S.	2 2 0		
Wilson, Dr. Helen	15 0		
Winner, Miss A. L., M.R.C.P.	5 5 0	2 16 8	
Winner, Mrs.	2 2 0	15 4	
£171 14 0	£29 18 0	£4 13 0	

REGENT'S PARK

INCOME AND EXPENDITURE ACCOUNT

1938	INCOME.	£ s. d.	£ s. d.	£ s. d.
138	To ANNUAL SUBSCRIPTIONS		49 12 6	
6	„ DONATIONS	2 12 6		
171	„ „ from Sunday Cinemas ..	91 11 9		
		94 4 3		
72	„ DIVIDENDS AND INTEREST	58 16 2		
180	„ PAYMENTS BY AND ON BEHALF OF PATIENTS	83 10 10		
800	„ GRANT, LONDON COUNTY COUNCIL	266 13 4		
		552 17 1		

144

£1,511

£552 17 1

HOSTEL.

FOR YEAR ENDING 31st DECEMBER, 1939.

		EXPENDITURE.		1938
		£ s. d.	£ s. d.	£
By PROVISIONS :				
	Meat	17 2 2		66
	Fish	2 13 1		16
	Butter	12 0 5		54
	Eggs	2 5 1		13
	Milk	14 4 5		64
	Bread	3 16 1		20
	Grocery	8 8 11		86
	Vegetables	19 18 8		84
			80 8 10	403
„ SURGERY AND DISPENSARY :				
	Drugs, etc.	2 3 7		23
	Instruments, etc.	16 2		2
			2 19 9	25
„ RENEWALS AND REPAIRS :				
	Furniture	1 1 0		11
	Bedding	2 13 10		14
	Hardware	15 0		11
			4 9 10	36
„ FUEL AND LIGHTING :				
	Coal	15 19 5		41
	Gas	21 12 9		40
	Electricity	5 10 2		18
			43 2 4	99
„ DOMESTIC :				
	Laundry	25 10 10		73
	Cleaning	5 18 2		22
	Water	13 1		3
			32 2 1	98
„ ESTABLISHMENT :				
	Renewals and Repairs		24 6 8	63
„ SALARIES AND WAGES			158 12 9	443
„ MISCELLANEOUS :				
	Printing and Stationery	8 7 6		19
	Postage and Telephone	2 14 2		24
	Travelling Expenses	13 6 0		44
	Education	9 3 2		25
	After-Care	24 1 8		62
	Insurance	5 19 4		8
	Sundries and Bank Charges	2 16 5		10
	Legal Charges, etc.	16 12 0		—
			83 0 3	192
„ TOTAL COST OF MAINTENANCE			429 2 6	1,361
„ GROUND RENT			4 8 7	18
„ RATES AND TAXES			16 4 10	29
			449 15 11	103
„ PROVISION FOR AMORTISATION OF LEASE				103
„ EXCESS OF INCOME OVER EXPENDITURE CARRIED TO CAPITAL ACCOUNT			103 1 2	—
			£552 17 1	£1,511

HIGHBURY
INCOME AND EXPENDITURE ACCOUNT

1938	INCOME.		£	s.	d.	£	s.	d.
61	ANNUAL SUBSCRIPTIONS					151	19	6
	DONATIONS		4	13	0			
2	" from Sunday Cinemas		67	12	10	72	5	10
86	DIVIDENDS AND INTEREST					98	4	5
557	PATIENTS' PAYMENTS					513	5	1
2400	GRANT—LONDON COUNTY COUNCIL					2,400	0	0

£3,106

QUADRANT HOSTEL.
FOR YEAR ENDED 31st DECEMBER, 1939.

EXPENDITURE.		£	s.	d.	£	s.	d.	1938	£
MAINTENANCE :									
PROVISIONS—									
	Meat	94	18	8				123	
	Fish	40	11	11				39	
	Butter	99	16	8				114	
	Eggs	23	15	3				29	
	Milk	161	16	7				211	
	Bread	50	19	11				66	
	Grocery	104	19	3				93	
	Vegetables and Fruit	102	9	2				110	
	SURGERY AND DISPENSARY :				679	7	5		785
	Drugs	9	8	5				8	
	Dressings	14	14	11				7	
	Instruments	23	1	9				4	
	RENEWALS AND REPAIRS :				47	5	1		19
	Furniture	3	15	3				4	
	Bedding	5	19	10				9	
	Hardware	10	19	4				17	
	FUEL AND LIGHTING :				20	14	5		30
	Coal	94	5	7				109	
	Gas	59	2	3				57	
	Electricity	29	0	8				30	
	Oil	1	1	3				1	
	DOMESTIC :				183	9	9		197
	Laundry	25	11	3				22	
	Cleaning	47	6	5				53	
	Water	9	16	9				10	
	Uniforms	5	10	5				7	
	Sundries	1	16	0				3	
	ESTABLISHMENT :				90	0	10		95
	Renewals and Repairs	96	4	7				76	
	A.R.P. Shelter	125	0	0					
	Garden	15	6	0				13	
	Insurance	16	4	6				15	
	SALARIES AND WAGES :				252	15	1		104
	General	910	5	11				930	
	Payments to Patients for domestic work	200	6	11				342	
	MISCELLANEOUS :				1,110	12	10		1,272
	Printing and Stationery	24	1	9				15	
	Postage and Telephone	31	8	8				30	
	Travelling Expenses	23	13	6				24	
	Education	4	11	6				6	
	After-Care	295	12	2				261	
	Entertainments	9	13	9				7	
	Sundries	2	4	3				2	
					391	5	7		345
	TOTAL COST OF MAINTENANCE				2,775	11	0		2,847
	RATES				87	18	0		83
	BANK CHARGES				1	3	2		
	BALANCE, BEING EXCESS OF INCOME OVER EXPEN- DITURE FOR YEAR 1939				371	2	8		176

£3,235 14 10

£3,106

THE INCORPORATED HOSTELS associated

with THE ROYAL FREE HOSPITAL.

Dr.

BALANCE SHEET,

31st DECEMBER, 1939.

Cr.

	£	s.	d.	£	s.	d.	£	s.	d.
To SUNDRY CREDITORS							146	19	8
„ BUILDING AND EQUIPMENT FUNDS :									
Highbury Quadrant—									
As at 1st January, 1939				4,348	3	3			
Add receipts (Smith's (Ken- sington) Charities)				250	0	0			
Less charges on Netherhall Gardens				4,598	3	3			
Regent's Park—									
Sale of Lease							450	0	0
Sinking Fund							857	1	0
„ INCOME AND EXPENDITURE ACCOUNT :									
As at 1st January, 1939							1307	1	0
Dr.	622	9	8						
Less excess 1939	103	1	2	519	8	6			
„ RESERVE FUND : General									
Gift of the late Lord Rowallan				624	6	6			
Gift of Sir Thomas Barlow, Bt.				2,553	9	3			
„ INCOME AND EXPENDITURE ACCOUNT :									
Balance as at 1st January, 1939				50	19	9			
Add excess of Income, 1939				371	2	8			
Albertine L. Winner } B. d'Avigdor } Members of the Committee.									
							£9,970	18	7

	£	s.	d.	£	s.	d.
By CASH AT BANK :						
General Account	104	15	10			
Building Account	484	1	5			
Deposit Account	750	0	0			
„ CASH IN HAND				1,338	17	3
„ INVESTMENTS AT COST :						
350 National Savings Certificates	280	0	0			
£350 Funding Stock, 4%, 1960/90	372	10	3			
£624. 18s. New Zealand 4% Loan	650	0	0			
£965. 4s. 11d. India 3% Stock	779	15	0			
£200 Stock Rembau Jelei Rubber Ltd.	200	0	0			
£1,000 Canadian Pacific Railway 4% Consolidated Deb. Stock	900	0	0			
£860 L.M.S. Rly. 4% Gtd. Stock	923	14	3			
„ FREEHOLD PROPERTY :				4,105	19	6
20 and 22, Highbury Quadrant, as at 1st January, 1939				3,273	1	1
„ FURNITURE AND EQUIPMENT AT COST				588	7	2
„ SUNDRY DEBTORS :						
Income tax on Subscriptions	26	18	1			
London County Council Grant	600	0	0			
				626	18	1
				£9,970	18	7

To the Members of the Incorporated Hostels associated with the Royal Free Hospital.
I have audited the above Balance Sheet and have all the information and explanations to show a correct view of the state of affairs of the Company, according to the best Company.

tions I have required. The said Balance Sheet is, in my opinion, properly drawn up so of my information and the explanations given me and as shown by the books of the

HELEN F. BISSET,
Certified Accountant.
8, Hunter Street, W.C.1.
6th March, 1940.

THE ROYAL FREE HOSPITAL

11, BEDLINGTON SQUARE

RICHARD MADLEY LTD.

PRINTERS

7, FITZROY COURT, TOTTENHAM

COURT ROAD, LONDON, W.1.

